

Current therapy groups being provided by PGRC approved network clinicians:

Dr. Edith Langford

Spouses/Partners of someone with problem gambling:

Day/time: Monday 6:00 PM-7:00 PM

Open/rolling admission: Open

Problem Gambling Specific: yes

Virtual: Yes

Minimum Enrollment: 3

Maximum Enrollment: 12

Current Enrollment: 5

Group Description: Psycho-Educational, Topics:

- Current Gambling Events
- Feelings ratings
- Guest Speakers, GA, Gam-Anon

Dr. Edith Langford

Women with a gambling problem:

Day/time: Tuesday 5:00 PM-6:00 PM

Open/rolling admission: Open

Problem Gambling specific: Yes

Virtual: Yes

Minimum Enrollment: 3

Maximum Enrollment: 12

Current Enrollment: 4

Group Description: Psycho-Educational, Topics:

- Current Gambling Events
- Feelings ratings
- Guest Speakers, GA, Gam-Anon

Dr. Edith Langford

Men with a gambling problem:

Day/time: Tuesday 6:00 PM –7:00 PM

Open/rolling admission: Open

Problem Gambling specific: Yes

Virtual: Yes

Minimum Enrollment: 3

Maximum Enrollment: 12

Current Enrollment: 7

Group Description: Psycho-Educational, Topics:

- Current Gambling Events
- Feelings ratings
- Guest Speakers, GA, Gam-Anon

Diana Ashton

Men with a gambling problem:

Day/time: Monday at 5:00 PM –6:00 PM

Open/rolling admission: Open

Problem Gambling specific: Yes

Virtual: Yes

Minimum Enrollment: 3

Maximum Enrollment: 12

Current Enrollment: 7

Group Description: Psycho-educational group for men who are curious about what their gambling means and recognizing that it is becoming problematic.

Tracey Little

Parents with a child with a gambling problem

Day/time: Every other Tuesday at 7:00 PM -8:00 PM

Open Admission

Virtual: yes

Group Description: Combination of psychoeducation, CBT and process for parents of an adult child with a gambling problem

Minimum Enrollment: 3

Maximum Enrollment: 12

Current Enrollment: 8

Craig Johnson

Recovery maintenance

Day/time: Tuesdays at 6:00 PM – 7:00 PM

Open/rolling admission? yes, open ended

Problem gambling specific? yes, clients not family

Virtual? yes

Minimum Enrollment: 3

Maximum Enrollment: 12

Current Enrollment: 4

Group Description: Raising awareness and creating skills for addressing the power of addiction and the ever-present possibility of recurrence

Craig Johnson

Recovery Maintenance

Day/time: Saturdays at 11:00 AM-12:00 noon

Open/rolling admission? yes, open ended

Problem gambling specific? yes, clients not family

Virtual? no live at 215 Alexander St Rochester, NY

Minimum Enrollment: 3

Current Enrollment: 4

Maximum Enrollment: 12

Group Description: Raising awareness and creating skills for addressing the power of addiction and the ever-present possibility of recurrence

Teresa Kelly

Educational Support Group for Female Partners of Someone with Problem Gambling

Day/time: Thursdays 7:30 PM-8:30 PM

Open/rolling admission? Yes

Problem gambling specific? Yes

Virtual? Yes

Current Enrollment:

Minimum Enrollment: 3

Maximum Enrollment: 12

Group Description: *This group is crafted with care to empower, educate, and uplift you.*

The following topics will be discussed.

- Understanding gambling addiction
- Navigating Emotional Responses
- Communication Strategies
- Financial Literacy and Management
- Building a support network
- Self-Care and Wellness
- Developing Resilience and Empowerment
- Legal and Protective Measures
- Relapse Prevention
- Moving Forward

Robert Musacchio

Working the 12 Steps (Psychoeducational Group)

Day/time: Mondays 6:30 pm- 7:30pm Start Date: August 26, 2024

Open/rolling admission? Yes

Problem gambling specific? Yes

Virtual? Yes

Current Enrollment: New group, no enrollment yet

Minimum Enrollment: 3

Maximum Enrollment: 12

Group Description: The Purpose of this group is to assist participants in integrating 12 Step principles in their recovery process. This is not a Gamblers Anonymous meeting. The session is facilitated by a professional clinician who utilizes the evidence-based practice of 12 Step Facilitation Therapy. GA meetings are not mandatory to be eligible for the group; however, making meetings and getting active in the GA fellowship is highly recommended while participating. It is recommended that participants have a minimum of 1-3 months of abstinence from harmful gambling behavior.