

Problem Gambling Group Referrals Procedures and Options

NYCPG facilitates referrals to group therapy for those clients who are interested in attending. This option is available to anyone who is currently receiving services as a client in either an OASAS Gambling Designated treatment program or an approved private practitioner.

All groups are facilitated by a qualified problem gambling professional (QPGP) as defined in the OASAS Part 857 Problem Gambling Treatment and Recovery regulations. Problem Gambling Resource Centers (PGRC) can help connect an individual to an appropriate group by being referred from their current problem gambling treatment provider.

How to Access Group Therapy Services

- Contact your local PGRC, by visiting this website and clicking on your client's county location <https://nyproblemgamblinghelp.org/>
- The PGRC will gather basic client information and provide a connection to the group facilitator by having the facilitator directly contact the client
- Referring providers are responsible for obtaining a signed release of information from their client for them to speak to the PGRC. Once a connection has been made to the group facilitator, a release should be obtained between the individual treatment provider and the group facilitator for ongoing communication and clinical updates

Group Therapy Options

- Currently, all groups are offered virtually during the day and evening
- Topic groups are available for anyone affected by gambling harms including the individual and loved ones including parents
- For a list of current group offerings, please contact your PGRC

How to Offer Group Therapy open to existing clients

- If you have a topic group you are interested in facilitating, please contact your PGRC for more information on the process