

PROBLEM GAMBLING: CLOSE CONNECTIONS

PROBLEM GAMBLING
NEW YORK STATE
RESOURCE CENTERS
— Here to Help —

Veterans & Military

Veterans and Military Personnel are at higher risk of developing gambling problems. Veterans have elevated rates of problem gambling (PG).

60%

Vets with PTSD have a 60% higher rate of gambling addiction than the general population.

(Dept. of Veterans Affairs)



44%

Forty-four percent of Vets in treatment for PG reported making suicide attempts.
(NCPG)

2-3x

Vets are at least twice as likely than the general population to have a gambling problems.

(Westermeyer et al., 2013)



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DoD & Coast Guard do not actively screen active-duty service members for PG.



If you are interested in more information about this topic, you can reach out to your Regional Problem Gambling Resource Center (PGRC).

**Regional PGRC information can be found at
NYProblemGamblingHELP.org**

PROBLEM GAMBLING WARNING SIGNS:

- Constant thoughts of gambling
- Borrowing money
- Irritability, restlessness, withdrawal
- Delay payment of bills
- Neglecting household duties
- Decline in health or hygiene
- Alienation from family and friends
- Inability to cut back / stop gambling
- Extreme guilt or shame
- Disappear for long periods of time
- Suicidal thoughts

Ask Yourself:

Have you ever felt the need to bet more and more money?

Have you ever lied to people who are important to you about how much you're gambling?



**Scan the QR code or visit
[NYProblemGamblingHELP.org/e-screener](https://www.nyproblemgamblinghelp.org/e-screener)
for personalized feedback & info.**

If you or someone you know are experiencing any of these warning signs, reach out to your local Problem Gambling Resource Center (PGRC) for confidential help and support.

**Local PGRC contact info can be found at
[NYProblemGamblingHELP.org](https://www.nyproblemgamblinghelp.org).**