

# PROBLEM GAMBLING: CLOSE CONNECTIONS

PROBLEM GAMBLING  
**NEW YORK STATE**  
RESOURCE CENTERS  
*— Here to Help —*

## *Domestic Violence (DV) & Intimate Partner Violence (IPV)*

Gambling-related stressors, such as financial losses and relationship conflicts or neglect, can impact the family and lead to escalating violence.

Victims of intimate partner violence may use gambling as an escape or coping mechanism, which could then turn into problematic behavior.

# 10.5x

When the person's partner was addicted to gambling, the odds of intimate partner violence increased 10.5 times.  
(University of Nebraska Medical School)



# 1/3

About 1/3 of those w/ a gambling problem report being a victim or perpetrator of physical IPV.  
(Dowling et al, 2016/17)

# 50x

Wives/IP of men w/ co-occurring gambling-alcohol problems are 50x more likely to visit ER due to physical abuse.  
(Muellermen et al, 2002)



Pathological gambling is associated w/ increase odds of perpetration of severe child abuse.  
(Afifi et al, 2009)

*If you are interested in more information about this topic, you can reach out to your Regional Problem Gambling Resource Center (PGRC).*

**Regional PGRC information can be found at  
[NYProblemGamblingHELP.org](http://NYProblemGamblingHELP.org)**



# PROBLEM GAMBLING WARNING SIGNS:

- Constant thoughts of gambling
- Borrowing money
- Irritability, restlessness, withdrawal
- Delay payment of bills
- Neglecting household duties
- Decline in personal hygiene
- Decline in health or hygiene
- Alienation from family and friends
- Inability to cut back / stop gambling
- Extreme guilt or shame
- Disappear for long periods of time
- Suicidal thoughts

## Ask Yourself:

*Have you ever felt the need to bet more and more money?*

*Have you ever lied to people who are important to you about how much you're gambling?*



**Scan the QR code or visit  
[NYProblemGamblingHELP.org/e-screener](https://www.nyproblemgamblinghelp.org/e-screener)  
for personalized feedback & info.**

*If you or someone you know are experiencing any of these warning signs, reach out to your local Problem Gambling Resource Center (PGRC) for confidential help and support.*

**Local PGRC contact info can be found at  
[NYProblemGamblingHELP.org](https://www.nyproblemgamblinghelp.org).**