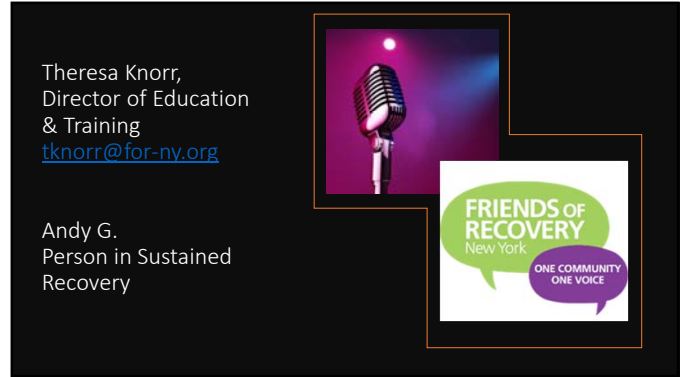




The Importance of Language in Recovery:
Framing Your Problem Gambling Story

1



2

Recovery Empowerment

FOR-NY Mission and Vision

***Mission:** to demonstrate the power and promise of recovery from addictions and its value to individuals, families and communities throughout New York State and the nation.

***Vision:** We envision a world in which recovery from addiction is not only common, but celebrated; a world in which the entire spectrum of effective prevention, treatment and support services are available and accessible to all.

3

Humanize: Real Life Stories

Education is critical to reducing the stigma associated with addiction and creating an informed society where recovery for individuals and families becomes a societal norm.

FOR-NY Recovery Education and Training

- ❖ Best Practice Training Program/CRPA scholarships
- ❖ Advocacy and Peer Professional training:
 - ❖ "Our Stories Have Power" – Recovery Messaging
 - ❖ "Science of Addiction & Recovery"
 - ❖ "Supervision of Peer Professionals/Coachervision
 - ❖ "OD/Suicide Loss in BH settings"
 - ❖ Postings of RCA/Ethics and other CRPA training
- ❖ Annual Recovery Conference
- ❖ Recovery Arts Festival
- ❖ Family-to-Family Recovery Resource Guide

4

Organize:
The Connecting Tissue

Engage individuals, families and allies impacted by addiction and recovery to:

- Create a culture of recovery in communities across New York
- Ensure addiction is addressed as a public health issue, not a crime
- Advocate for a system that engages/ supports individuals and families

FOR-NY
Community Engagement

- ❖ *Community Based Recovery Supports- Statewide Meetings*
- ❖ *Recovery Community Organization (RCO) Toolkit*
- ❖ *Technical Assistance to RCOs, RCOCs, FSNs, PESs & Youth Clubhouses*
- ❖ *Community Asset Mapping training*

FRIENDS of RECOVERY
New York
ONE COMMUNITY ONE VOICE

5

Mobilize:
Energizing for Change

Adequate resources & support are necessary for sustained recovery to:

- *Ensure addiction is addressed as a public health issue, not a crime
- *Eliminate barriers to getting help
- *Develop non-punitive, nonjudgmental recovery services

FOR-NY
Policy and Advocacy

- ❖ *Recovery Surveys*
- ❖ *Technical Assistance to local RCO's/RCOC's*
- ❖ *Policy/Advocacy Committees*
- ❖ *45 Sec. Pitch, Build your RCO & OSHP Training*
- ❖ *Stand up for Recovery Day!*

FRIENDS of RECOVERY
New York
ONE COMMUNITY ONE VOICE

6

The Recovery Movement

Inclusion

Honoring differences

Alignment

Speaking as one voice




Photo credit: Advocates for Recovery Colorado

FACES + VOICES OF RECOVERY

7

The Recovery Movement: Guided by Principles

Recovery ...

- Emerges from hope
- Is person-driven
- Occurs via many pathways
- Is holistic
- Is supported by peers and allies
- Is supported through relationship and social networks
- Is culturally-based and influenced
- Is supported by addressing trauma
- Involves individual, family, and community strengths and responsibility
- Is based on respect

SAMHSA
Substance Abuse and Mental Health Services Administration

FACES + VOICES OF RECOVERY

8

Slide 8

PM6 I'm not clear on where the notes here fit in with the slide content?


Patty McCarthy, 12/13/2019

Goals: 1) provide an overview of why the words we used to describe ourselves and the people we serve matter
 2) Provide an opportunity to being to sculpt our own recovery story as a person in recovery, family member or ally to the recovery community.



- Objectives:
1. Understand why language matters
 2. Learn to use affirming language to reduce stigma
 3. Identify own **Recovery** story as a peer/family member/advocate
 4. Begin to build your own recovery story



9



Safety Agreements

- Open-mindedness
- Respect
- Encouragement
- "Ouch"
- "Stretch"
- Confidentially
- What else?

10

Language Matters


Why?

11

Language Matters

words that hurt

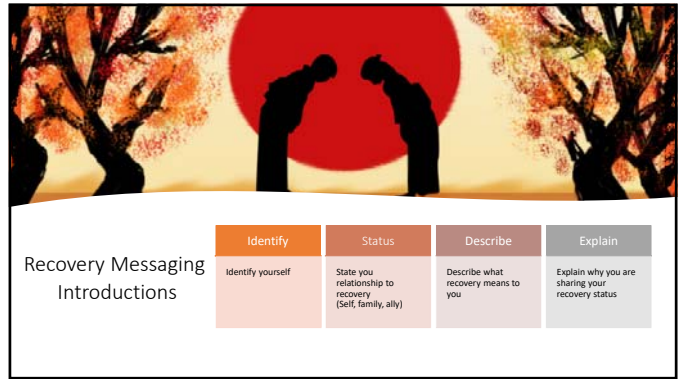
words that heal



12



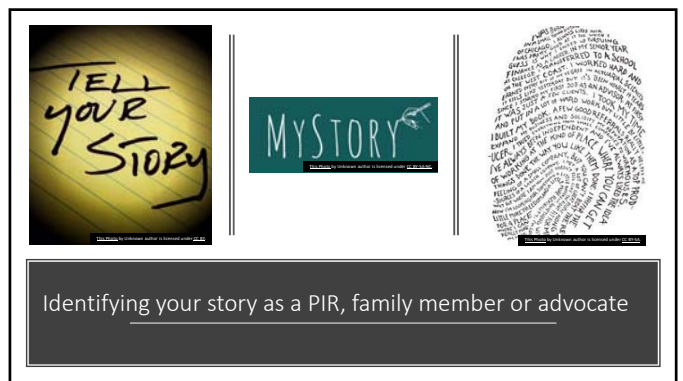
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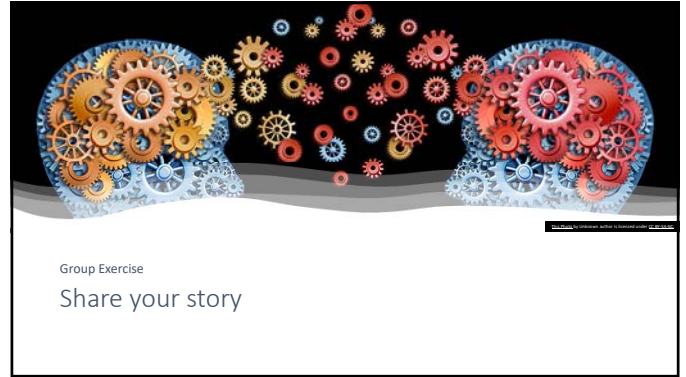


Take a few moments
to write your
own recovery
story.

4 Parts to include:

- Introduction
- Status
- Describe
- Explain

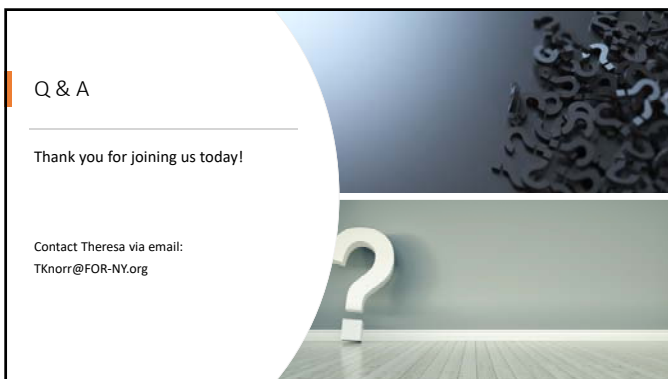
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Group Exercise

Share your story

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Q & A

Thank you for joining us today!

Contact Theresa via email:
TKnorr@FOR-NY.org

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