

## Brief Biosocial Gambling Screen (BBGS) Questionnaire<sup>1</sup>

Name \_\_\_\_\_ Date \_\_\_\_\_ Age \_\_\_\_\_

To screen for potential gambling-related problems, please ask the first three questions below.<sup>2</sup>

- 1. During the past 12 months, have you become restless irritable or anxious when trying to stop/cut down on gambling?**  
Yes  
No
- 2. During the past 12 months, have you tried to keep your family or friends from knowing how much you gambled?**  
Yes  
No
- 3. During the past 12 months did you have such financial trouble as a result of your gambling that you had to get help with living expenses from family, friends or welfare?**  
Yes  
No

Additional Questions:

**Would you like more information about problem gambling?**

Yes  
No

**Would you like to be connected to support services for problem gambling?**

Yes  
No

<sup>1</sup>Gebauer, L., LaBrie, R., & Shaffer, H. J. (2010). Optimizing DSM-IV-TR classification accuracy: a brief biosocial screen for detecting current gambling disorders among gamblers in the general household population. *Canadian Journal of Psychiatry. Revue Canadienne De Psychiatrie*, (2), 82-90.

<sup>2</sup>An online version of the BBGS is available at:

<https://www.divisiononaddiction.org/resources1/bbgs-e-screener-2>

*\*The electronic version of the screening tool is available in 22 different languages*

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