



MARCH IS

# PROBLEM GAMBLING AWARENESS MONTH

About 5% of adults in New York State experienced problem gambling in the past year and may need treatment services.

(OASAS, 2006)

Research estimates that each person struggling with a gambling problem affects 8-10 additional people.

In one study, over 90% of those affected by someone else's gambling behavior reported emotional distress.

(Nash et al, 2018)

*To learn more, visit:*

**[NYProblemGambling.org/Resources/PGAM/](https://NYProblemGambling.org/Resources/PGAM/)**

