



Office of Addiction Services and Supports

Problem Gambling Treatment in NYS: Options, Resources and Support

New York Council on Problem Gambling Conference

November 22, 2019
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November 20, 2019

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Goal:
 Participants will learn about the resources available for problem gambling services throughout the state

Objectives:

1. Participants will be able to identify what types of free resources are available for supervisors and clinicians
2. Participants will be able to identify how to locate support services for problem gambling



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Gambling in NYS – What does it look like?




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<http://pictures.dealer.com/b/carbanc/2205/cd47/sub3a8b467ae6f120c5ca8f8b.jpg>

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Gambling Opportunities in NYS

- 10 Video Lottery Terminals located at Racetracks
- 7 Indian/Native American Casinos
- 4 Commercial Casinos
- **4 Sportsbooks at commercial casinos *new as of 7/19**
- Lottery (scratch offs, quick draw, daily numbers, Mega Millions, Powerball)
- Fantasy Sports Betting
- Cards for money
- Horses at racetracks and Off track betting
- Dogs/cockfighting/other animals
- Dice/Coin
- 50/50
- Games of personal skill (video, bowling, pool)
- Bingo
- Stocks
- Office Pools



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New Gambling Opportunities in NYS

- As of 2016, 4 of the 7 state casino licenses have been issued by the NY Gaming Commission to:
 - Rivers: Schenectady, NY
 - De Lago: Tyre, NY
 - Resorts World Catskill
 - Tioga Downs, Nichols, NY
- NY Gaming Commission to issue 3 more downstate casino licenses by 2023, most likely within Manhattan and surrounding areas



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New Gambling Opportunities in NYS

- NY is now the 14th state to legalize some form of sports betting
- NY Gaming Commission issued rules and regulations for sports books at the 4 upstate casinos in May 2019.
- This allows for sports betting in-person within the walls of the 4 casinos which began in the casinos in July 2019. Also allows 7 Native American/Indian Casinos to offer sports books
- Bettors prohibited from placing wagers on NY college teams or collegiate events within NY



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What Types of Sports Can You Legally Gamble on in NYS?

<ul style="list-style-type: none"> • Auto Racing • Baseball • Basketball • Boxing • Fighting • Football 	<ul style="list-style-type: none"> • Golf • Hockey • Rugby • Soccer • Tennis
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Current Legislation on Mobile Sports Betting

- Stakeholders are advocating for online betting through mobile devices or home computers and to expand sports betting to OTB's and racetracks with VLT's
 - Passed in Senate this last year
 - Legislation designates additional funding into the commercial gaming fund
 - Preliminary estimates from annual revenue are around \$1 billion which translates to around \$14 billion in handle (<https://www.usbets.com/ny-senate-panel-approves-mobile-sports-betting-bill>)
- Changes the integrity of the sport...Bets beyond who wins
- Protection of the players



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Expansion of Care Opportunities

- Changing agency name to Office of Addiction Support and Services
- Integration of Problem Gambling service in all OASAS treatment modalities through a designation on existing operating certificate
 - LOCADTR for Gambling
 - Guidance document
 - LSB Gambling Free Environment
 - Medicaid billing as outlined in the APG manual
- Option for NYS licensed private practitioners to apply to be an OASAS approved referral for problem gambling services through the Problem Gambling Resource Centers


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OASAS Certified Program Options


- Apply for a designation on your operating certificate to admit and treat for problem gambling
- If approved, you will follow your base operating certificate regulation, in addition to the Part 857, Problem Gambling Treatment and Recovery
 - Additions include:
 - Supervisor and Clinicians must be a Qualified Problem Gambling Professional as outlined in [Part 857.4](#) and [Part 800.3 \(u\)](#)
 - Must provide financial counseling on or off site
 - Policy and Procedures related to staff outside employment

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- Problem Gambling Resources Centers
 - Regional Hub for Problem Gambling focusing on collaboration in communities for prevention, treatment and recovery
 - Facilitation and referrals to an approved Network of Private Practitioners and OASAS providers based on client's specific needs (location, language, cultural, etc.) within each region.
 - Community needs assessments related to gambling acceptability, laws, community norms, access, etc. to help inform the best way to develop specific problem gambling prevention in communities
 - Coordination with regional gambling facilities addressing identification of problem gambling, responsible gambling messaging and Self Exclusion
 - Collaboration with all regional providers for networking, trainings, information and support
 - Warm transfers via the HOPEline


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Private Practitioner Network through PGRC's

- Developed as an additional resource for referrals for those affected by problem gambling who may not be a good fit for an outpatient OASAS program.
- Private practitioners apply through the NYCPG and must meet several requirements to be approved
- All referrals to private practitioners are done through the regional PGRC.

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Help and Support for Problem Gambling Treatment Providers

Training and Supervision Resources

Training requirements to be a Qualified Problem Gambling Professional

[CASAC or Licensed Mental Health Practitioner in OASAS system](#)

- CASAC-G: 60-Hour training is available through the NYCPG
- Licensed Mental Health Practitioner @OASAS: The Application of Treatment Essentials for Problem Gambling and two Primers (Motivational Interviewing and Cognitive Behavioral Therapy)

[Private Practitioners interested in being part of the PGRCs](#)
Contact local PGRC for further information/requirements



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Other Treatment and Support Resources Available

Training and Supervision

- [Free monthly supervision](#)
- [Sample Treatment Forms](#)
- [Statewide training](#)

Guidance for OASAS Providers

- [LOCADTR WebEx](#)
- [Guidance document for Problem Gambling Treatment](#)
- [Local Services Bulletin \(LSB 2019-01\) Gambling Free Environment](#)



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Resources and Support

Screening Tools

Brief Screens:

- [Lie-Bet Tool to Rule Out Problem Gambling](#) - The Lie-Bet questionnaire is a two-item tool that has been deemed valid and reliable for ruling out pathological gambling behaviors. If an individual answers yes to one or both of the questions on the Lie-Bet questionnaire, further assessment is indicated.
- [NODS-G](#) - National Opinion Research Center Diagnostic Screen for Gambling Disorders, Loss of Control, Lying and Preoccupation screen, is a three-item screen derived from the NODS.
- [NODS-PBRC](#) - National Opinion Research Center Diagnostic Screen for Gambling Disorders, Preoccupation, Escape, Risked Relationships and Chasing Screen, is a four-item screen derived from the full NODS.
- [Brief Bio-Social Gambling Screen \(BBGS\)](#) - A three-question brief screening instrument that helps a person decide whether to seek a more formal evaluation or treatment of their gambling behavior. Clinicians can also use this with their clients to determine if a more comprehensive screen is necessary. This tool is developed by the Division on Addiction, Cambridge Health Alliance.

Diagnostic Screens:

- [DSM-V Screen for Pathological Gambling](#) - This Pathological Gambling criteria screen is from the Diagnostic Criteria from the DSM-V manual. Four or more "yes" answers indicates a diagnosis for Gambling Disorder. Less than 4 indicates a potential problem and/or at risk indicators which may warrant further support, education and treatment services.
- [NODS Diagnostic Screen](#) - The NODS is based on the DSM-V criteria for Pathological Gambling and assesses for both lifetime and past-year problem gambling.
- [South Oaks Gambling Screen](#) - The SOGS is a lifetime measure of problem gambling that has been found to be reliable and valid. This 16-item screening tool places individuals in one of three categories: Non-problem, Problem Gambler, Probable Pathological Gambling.
- [South Oaks Gambling Screen - Revised for Adolescents](#) - This instrument is composed of 12 items and has been found to be valid and reliable for detecting gambling problems among adolescent populations.
- [South Oaks Gambling Screen - Spanish](#) - This was developed by Henry Lesieur, Ph.D., and Sheila Blume, M.D., as a screen for compulsive gambling. Translated into Spanish.
- [Problem Gambling Severity Index](#) - An abbreviated version of the original tool called the Canadian Problem Gambling Index, consisting of nine items rather than 31. Clients can use it as a self-assessment tool, or you can use it as part of your screening process

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Resources and Support

Resource	Where to find
OASAS Problem Gambling page	https://www.oasas.ny.gov/talk2prevent/problem-gambling
Guidance Document for Problem Gambling Treatment	https://oasas.ny.gov/implementing-problem-gambling-services
Problem Gambling Trainings and Monthly Supervision (FREE)	https://nyproblemgambling.org/
Regional Problem Gambling Resource Centers	https://nyproblemgamblinghelp.org/
The Application of Treatment Essentials for Problem Gambling	https://nyproblemgambling.org/training/counselors/application-treatment-essentials-problem-gambling/
CASAC Gambling Specialty Designation Application	https://www.oasas.ny.gov/system/files/documents/2019/08/PDS-37.pdf
Forms (add in gambling as a search on this page)	https://oasas.ny.gov/forms?f%5B0%5D=filter_term%3A461
LOCADTR Consent for Problem Gambling	https://webapps.oasas.ny.gov/mis/forms/trs/index.cfm


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Questions ?



The image shows six circular icons hanging from thin black lines. From left to right, the circles are blue, light blue, lime green, magenta, pink, and orange. Each circle contains a white question mark. The circles are arranged in a slightly overlapping, horizontal line.

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