

2019 NYCPG Annual Conference on Problem Gambling

Coming Together: Building a Network of Care, Concern and Connection

November 20-22, 2019
Albany Marriott



Executive Director's Welcome

Dear Conference Participant,

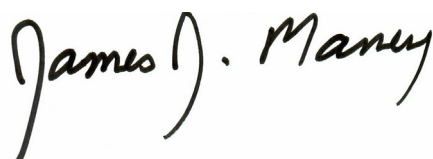
We are pleased to welcome you to the 2019 NYCPG Annual Conference! Each year the Council's Annual Conference brings together those in the problem gambling and human services fields to foster communication, to promote the advancement of professional knowledge, and to explore partnership opportunities.

This year's title, "Coming Together: Building a Network of Care, Concern and Connection," represents the Council's continued commitment to drive New York's problem gambling services towards valuable growth in the coming years. With preparation, and with your participation, we know we will be looking towards a future New York better equipped to address the needs of individuals, families, and communities.

This conference represents a valuable opportunity to exchange ideas and share experiences, whether you work in problem gambling, prevention, treatment, recovery or other human service careers. We hope that you find our event an occasion to establish networks and to further recognize opportunities for collaboration with the Council as well as each other.

We encourage your participation over the next few days as well as throughout the coming year, and we look forward to our continued work together to address this serious and important issue. Raising the awareness of problem gambling and bringing services to those adversely impacted takes a community of collaboration and we are pleased to count you as part of that team.

Sincerely,

A handwritten signature in black ink that reads "James J. Manuy". The signature is written in a cursive style with a large initial "J" and a long, sweeping underline.

President of Board of Directors' Welcome

November 21, 2019

Welcome to the Annual Conference of the New York Council on Problem Gambling. Our theme this year, "Coming Together: Building a Network of Care, Community, and Connection," conveys what our mission is and reflects the work that we are engaged in at this point in time.

The New York Council on Problem Gambling is a not-for-profit independent corporation. Since its inception 26 years ago, the Council has been dedicated to increasing public awareness about problem and disordered gambling and advocating for support services and treatment for persons adversely affected by problem gambling.

This year, 2019, has been pivotal in expanding our network of care, connecting with our community, and fulfilling our mission of helping those who so urgently require our services. We were fortunate to move forward in making our dream of providing services to all 62 counties of New York get off to a strong start. On August 1st, our seventh regional Problem Gambling Resource Center was launched in the Western Region. The Western Region joined the other six regions, Central, Finger Lakes, Northeast, Mid-Hudson, New York City, and Long Island in providing prevention, treatment, and education in problem gambling.

At this year's conference, you will hear about our new comprehensive programs. Please visit each region's display table and meet the staff and some of the providers. Introduce yourself and make the connection. Visit the other display tables and become acquainted with what is being done in our state to address problem gambling. Our presenters will provide cutting edge information on what's new and what has been effective as well as developing trends in prevention, treatment, and education. You will also have the opportunity to attend on-site open Gamblers Anonymous and Gam-Anon meetings. Meet the staff of the New York Council on Problem Gambling and learn how they have been given the resources to answer a simple question; "How can we help?"

Respectfully,

Stephen Block
President, Board of Directors, NYCPG



New York Council on Problem Gambling

NYCPG Mission Statement

The New York Council on Problem Gambling, Inc. is dedicated to increasing public awareness about problem and compulsive gambling, and advocating for support services and treatment for persons adversely affected by gambling. NYCPG maintains a neutral stance on gambling.



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New York Council on Problem Gambling

#NYCPG2019 Conference Agenda

Coming Together: Building a Network of Care, Concern, and Connection

Thursday, November 21, 2019

8:00am – 9:00am	Registration and Refreshments
9:00am – 9:30am	Conference Welcome (Main Ballrooms) <i>NYCPG Board and Staff Members</i> <i>Arlene González-Sánchez, NYS Office of Addiction and Support Services Commissioner</i> <i>Robert Williams, NYS Gaming Commission Executive Director</i>
9:30am – 10:30am	*Problem Gambling & Trauma: Why a Trauma-Informed Approach is Necessary (Main Ballrooms) <i>Anthony Zenkus, LMSW, Victims Information Bureau of Suffolk, Columbia and Adelphi Universities</i>
10:30am – 11:00am	Networking & Resource Distribution – NYC ALL Boroughs (Schenectady/Troy Rooms)
11:00am – 12:00pm	Workshop Breakouts <ul style="list-style-type: none">• *Drilling Down on Trauma Through an Intersectional Lens: Deeper conversations on the connection between trauma and problem gambling (Empire Room) <i>Anthony Zenkus, LMSW, Victims Information Bureau of Suffolk, Columbia and Adelphi Universities</i>• *Encompassing Therapies: Internal and External Change (Salon A) <i>Larry Force, Ph.D., LCSW-R, National Organization of Adult Addictions and Recovery</i> <i>Elisa Gwilliam, Hudson Valley Healing Center</i>• Resources for Repairing Financial Turmoil (Salon B) <i>Andrea Colline and Karyn Rando, Consumer Credit Counseling Services of Rochester</i>• *Addiction Among Sexual Minorities: Implications for the Field of Problem Gambling (Salon C) <i>Jen Maley-Wheeler, LMSW, Pride Center of the Capital Region</i>
12:00pm – 12:30pm	OPEN GA Meeting (Schenectady/Troy Rooms) OPEN Gam-Anon Meeting (Albany Room)
12:00pm – 1:30pm	LUNCH (Main Ballrooms)
1:30pm – 2:30pm	*Video Games: A Gateway to Gambling? (Main Ballrooms) <i>Cam Adair, Game Quitters</i>
2:30pm – 3:00pm	Networking & Resource Distribution – Mid-Hudson and Long Island Regions (Schenectady/Troy Rooms)
3:00pm – 4:00pm	Workshop Breakouts: <ul style="list-style-type: none">• Video Game Addiction Masterclass for Mental Health Professionals (Empire Room) <i>Cam Adair, Game Quitters</i>• *Gambling Disorder and the Military Veteran (Salon A) <i>Leslie Waite, Psy. D., Albany Stratton VA Medical Center</i>• Engaging Your Audience in the Problem Gambling Prevention Message (Salon B) <i>Billie Kingsbury-Lohr (Council on Alcoholism and Addictions – Finger Lakes), Olivia Tamburro (BRiDGES), Paul Meher & Rachel Truckenmiller (HFM Prevention Council)</i>• *Incorporating Gambling Free Services into Your Recovery Center (Salon C) <i>Ginger Cato, Rob Constantine Recovery Community and Outreach Center</i>
<i>*OPTIONAL EVENT*</i>	JOINT SESSION: Mindfulness Based Stress Reduction and Yoga (Salon D) <i>Sal LaFemina, LCSW, and Maria Pantalone Crisalli</i>
4:15pm – 5:45pm	

All education sessions are eligible for OASAS clock hours.

*An * indicates education sessions that are available for social work clock hours.*



New York Council on Problem Gambling

#NYCPG2019 Conference Agenda

Coming Together: Building a Network of Care, Concern, and Connection

Friday, November 22, 2019

8:00am – 9:00am	Registration and Refreshments
9:00am – 9:15am	Day 2 Welcome (Main Ballrooms)
9:15am – 10:15am	*A Syndemic Approach to Problem Gambling (Main Ballrooms) <i>Lia Nower, Ph.D., J.D., Center for Gambling Studies, Rutgers University</i>
10:15am – 10:45am	Networking & Resource Distribution – Finger Lakes and Western Regions (Schenectady/Troy Rooms)
10:45am – 11:45am	Workshop Breakouts: <ul style="list-style-type: none">• *Treating Sub-Groups of Problem Gamblers with a Pathways Framework (Empire Room) <i>Lia Nower, Ph.D., J.D., Center for Gambling Studies, Rutgers University</i>• The Ins and Outs of NYS Gambling Laws and Regulations (Salon A) <i>Bennett Liebman, Esq., Albany Law School</i>• *Problem Gambling Recovery Experiences (Salon B) <i>Panel Presentation – Carl, Doris, Joe, Wanda</i>• *Stress and Nutrition for Problem Gambling Treatment Providers (Salon C) <i>Shari Trombley, Queensbury Chiropractic, Omnitrition</i>
11:45am – 12:15pm	OPEN Gamblers Anonymous Meeting (Schenectady/Troy Rooms) OPEN Gam-Anon Meeting (Albany Room)
11:45am – 1:15pm	LUNCH (Main Ballrooms)
1:15pm – 2:15pm	*Understanding the Consequences of Addictive Behaviors & Substances on the Human Brain (Main Ballrooms) <i>Dr. Stephen Dewey, Department of Psychiatry NYU School of Medicine, Seafield Center</i>
2:15pm – 2:45pm	Networking & Resource Distribution – Northeast and Central Regions (Schenectady/Troy Rooms)
2:45pm – 3:45pm	Workshop Breakouts: <ul style="list-style-type: none">• *Understanding How the Brain Communicates within the Human Body (Empire Room) <i>Dr. Stephen Dewey, Department of Psychiatry NYU School of Medicine, Seafield Center</i>• Following the Spiritual Path to Recovery from Gambling Addiction (Salon A) <i>Fr. David Haig, St. Luke's Recovery Resource Center</i>• *Gambling in Later Life: Risk Factors and Trauma Informed Care (Salon B) <i>Nicole S. MacFarland, PhD, LCSW-R, Master CASAC, Senior Hope Counseling</i> <i>Bill Hill, CAS.Ed., M.Ed., BRPS, CPME, CRC, CASAC-G, ICADC, Center for Problem Gambling</i>• Problem Gambling Treatment in NYS: Options, Resources and Support (Salon C) <i>Rebecca Cooper and Jennifer Berg, NYS Office of Addiction Services and Supports</i>

All education sessions are eligible for OASAS clock hours.

*An * indicates education sessions that are available for social work clock hours.*

Thank you for coming! See you next year! 😊

2019 NYCPG Annual Conference on Problem Gambling
November 20-22, 2019 | Albany Marriott

Interactive Pre-Conference

2pm-4pm on Wednesday, November 20, 2019
Albany Marriott

Youth Gam(bl)ing: Helping Parents Take Action

We all talk to the children in our lives about the dangers of sex, drugs and rock and roll. Why don't we also talk to them about gaming and gambling as risky behaviors?

Our 2019 pre-conference session will bring together concerned adults across the state to discuss the mystery behind why parents are struggling to talk to their kids about gaming and gambling. Join us in this interactive, barrier busting session and learn how to help parents address these important issues.

This event will set the stage for the information, networking, and excitement of the following 2 days of conference speakers, workshops and activities.

Event is FREE to those who register for the main conference.



Thursday Morning - Session Descriptions

Keynote

Problem Gambling and Trauma: Why a trauma-informed approach is necessary

Anthony Zenkus, LMSW, Victims Information Bureau of Suffolk, Columbia and Adelphi Universities

Research shows that up to a third of all people who are problem-gamblers have PTSD. Additionally, it is likely that many more have suffered some sort of trauma that has contributed to their behaviors, even if they are not able to be diagnosed with classic PTSD. The link between histories of trauma and addictive behaviors is clear: negative social experiences and toxic environments make it more likely that we will engage in short-term behaviors that temporarily relieve stress but cause great harm to us in the long term. As an expert in the field of trauma, Anthony Zenkus will present evidence that much of what we call addiction is actually rooted in childhood and sometimes adult experiences that have caused us pain and affected our healthy development. He will explore how a more trauma-informed approach can increase treatment participation and bring better outcomes, as well as arm us with the information we need to prevent these problems for future generations.

Workshop Breakouts

Drilling Down on Trauma Through an Intersectional Lens: Deeper conversations on the connection between trauma and problem gambling considering race, gender expression, physical ability and socioeconomic status

Anthony Zenkus, LMSW, Victims Information Bureau of Suffolk, Columbia and Adelphi Universities

Anthony Zenkus will present a deeper discussion on how trauma affects us cognitively, socially, emotionally and physically and look at this connection through an intersectional lens, considering the contribution of racism, classism and other forms of oppression that can make problem behaviors more likely and recovery more difficult. Participants will be able to discuss approaches to treatment and prevention that use a trauma-informed and intersectional lens, creating a greater likelihood of lasting change.

Encompassing Therapies: Internal and External Change

Larry Force, Ph.D., LCSW-R, National Organization of Adult Addictions and Recovery (NOAAR)

Elisa Gwilliam, Hudson Valley Healing Center

This workshop presentation will focus on the importance of treating and addressing the needs of individuals across the domains of: cognition, strength building, nutrition and energy (movement). Three case studies will be provided to illustrate the value of treating the individual and family system - from an "internal and external perspective" of health and wellness. Combining the roles of a Private Practitioner and a Community-Based Healing Center - provides an "Encompassing" intervention - one that is grounded in the blending of traditional psychotherapy, hypnotherapy, mindfulness, nutrition, strength building and halotherapy.

Resources for Repairing Financial Turmoil

Andrea Colline and Karyn Rando, Consumer Credit Counseling Services of Rochester (CCCS)

This workshop presentation will focus on different options people have for working on the financial turmoil problem gambling has caused in their lives. Panelist will describe what options exist, how to access them, and how these financial solutions all work, including: bankruptcy, foreclosure, reverse mortgages, debt management, financial education. Learn how you can be more financially literate and how people can improve their financial health.

Addiction Among Sexual Minorities: Implications for the Field of Problem Gambling

Jen Maley-Wheeler

The LGBTQ+ population faces a number of challenges in today's society, one of which is an elevated risk of addiction. In this workshop, we'll examine the characteristics of this population that may increase their vulnerability to addiction in general, as well as specific addiction risk factors among this population. As a group, we'll discuss the implications for prevention, treatment and recovery that could be of use to those working in the field of problem gambling.

Thursday Afternoon - Session Descriptions

Keynote

Video Games: A Gateway to Gambling?

Cam Adair, Game Quitters

Video games have changed, and so too have their business models. Today, video games are designed to not only keep you playing, but increasingly to keep you spending money. Features like in-app purchases, micro-transactions, loot boxes, skins, and esports betting cause concern over their risks of gambling behavior. What does research show? What are the latest trends? Are video games a gateway to gambling? Come find out!

Workshop Breakouts

Video Game Addiction Masterclass for Mental Health Professionals

Cam Adair, Game Quitters

Video game addiction is real and a tsunami of it is coming that mental health professionals are not prepared for. In this masterclass, Cam Adair shares his personal journey of overcoming his addiction to the gaming world and offers key insights into how gaming and social media are designed to keep people hooked. He also takes an evidence-based approach to help you identify those at-risk, how to communicate effectively with patients, and what the practical strategies are to help them succeed in recovery. Named one of Canada's Top 150 Leaders in Mental Health, this is a presentation you cannot afford to miss.

Gambling Disorder and the Military Veteran

Leslie Waite, Psy. D., Albany Stratton VA Medical Center

Rates of disordered gambling in the active duty and military veteran populations are higher than those for the general population in the United States. Greater vulnerability to mental health issues places members of both populations at higher risk for the development of gambling disorder. This session will explore the presentation of the military veteran with gambling disorder and the treatment options currently available to this population. While similar in some ways, disordered gambling veterans have several unique characteristics that most non-VA clinicians may find challenging. Even within the VA healthcare system there are few programs designed specifically to treat the veterans with gambling disorder; as a result, these patients are usually folded into existing substance-related treatment programs. With the passage of the Veterans Access, Choice, and Accountability Act of 2014 (the "Choice Act"), veterans can request care in their community for services that the VA either cannot provide, is too far away to provide, or cannot provide in a timely fashion. Clinicians outside the VA who are qualified to treat persons with gambling disorder may be able to form referral partnerships with their local VA to provide those treatment services for the veteran instead under the Choice Act.

Engaging Your Audience in the Problem Gambling Prevention Message - Panel Discussion

Billie Kingsbury-Lohr (CAFL), Olivia Tamburro (BRiDGES), Paul Meher and Rachel Truckenmiller (HFM Prev. Co.)

Prevention science has shown us two important things: we can't ask our communities to care about an issue until our agencies are fully bought in; and that it's ineffective to work in silos, focusing on one issue at a time. It's obvious that we, as individuals, care about preventing youth gambling, but just how can we add one more thing to our already full plates? The answer – we can't. Join us for this session to hear how underage and problem gambling prevention can fit into the work we already do and learn about strategies that our peers are using to advance these prevention messages into their communities.

Incorporating Gambling Free Services into your Recovery Center

Ginger Cato, Rob Constantine Recovery Community and Outreach Center

This presentation will discuss what it looks like to embrace a gambling free policy. We will discuss policies and strategies currently being used by some recovery centers for being gambling free. Brainstorm ways to make your own facility safe for people in recovery and/or at risk of gambling disorder.

Friday Morning - Session Descriptions

Keynote

A Syndemic Approach to Problem Gambling

Lia Nower, Ph.D., J.D., Center for Gambling Studies, Rutgers University

Problem gambling services vary widely by jurisdictions and are largely confined to treatment and prevention efforts. For that reason, it is likely that a majority of those developing gambling problems go unidentified until gambling problems cause significant harm.

Workshop Breakouts

Treating Sub-Groups of Problem Gamblers with a Pathways Framework

Lia Nower, Ph.D., J.D., Center for Gambling Studies, Rutgers University

Problem gamblers are not a homogeneous group. Rather, individuals develop gambling problems in response to different motivations and life situations. Understanding the key etiological variables that predispose different groups of people to gambling provides critical information for treatment.

The Ins and Outs of NYS Gambling Laws, Regulations and Fundraising

Bennett Liebman, Esq., Albany Law School

With costs increasing and donations and time decreasing, nonprofit groups, coalitions and agencies are often looking for low effort, high return ways to raise money for their cause. On the surface, raffles, bingo and casino nights can seem like the perfect match, but what risks are involved? Join Bennett Liebman, J.D., as he explores the implications of using gambling as a form of fundraising as well as the laws that surround charitable gaming in New York State.

Recovery Experiences - Panel Discussion

Panel Presentation – Carl, Doris, Joe, Wanda

Join us in this workshop to hear real-life recovery experiences. Four members of Gamblers Anonymous and Gam-Anon share pieces of their recovery experience. This workshop presentation will focus on the recovery experiences of four individuals. These individuals will have a strong focus on family as they share their stories. Using Gamblers Anonymous, Gam-Anon, and other supports around them, these individuals had hope and found recovery.

Stress & Nutrition: What The Body Experiences and What Foods You Can Eat to Help Support It for Problem Gambling Treatment Providers

Shari Trombley, Queensbury Chiropractic, Omnitrition

Presenter Shari Trombley will discuss some of the physical and emotional symptoms the body goes through when under normal stress, briefly and for extended periods of time, such as experienced by problem gambling treatment provider as well as people impacted by gambling problems. Shari will explain the nutrient balance that is upset when stress occurs and how under normal conditions if short term, the body has the ability to bounce back. If under extreme or prolonged stress the body doesn't have the resources available to bounce back. She will be going over the vitamins and minerals that are out of balance when this occurs as well as going over food sources with a couple of healthy recipes to tie it all together.

Friday Afternoon - Session Descriptions

Keynote

Understanding the Consequences of Addictive Substances and Behaviors on the Human Brain

Dr. Stephen Dewey, Department of Psychiatry NYU School of Medicine, Seafeld Center

This presentation will focus on the impact of many addictive drugs and behaviors on the adolescent and adult brain. In addition, data will be presented that demonstrates the effects of the internet and video games, cell phones, and vaping on reward systems. The effects of combining addictive substances with addictive behaviors will also be discussed. Finally, data demonstrating the role that the environment plays in relapse to these addictions will be presented.

Workshop Breakouts

Understanding How the Brain Communicates within the Human Body.

Dr. Stephen Dewey, Department of Psychiatry NYU School of Medicine, Seafeld Center

This workshop will focus on some fundamental mechanisms used by the brain to communicate and regulate the human body. When these communications and the systems that provide for them become influenced by environments, behaviors and drugs that change them uniquely, addiction begins and progresses.

Following the Spiritual Path to Recovery from Gambling Addiction

Fr. David Haig, St. Luke's Recovery Resource Center

A Faith based approach to recovery from gambling and other addictions using the original 12 Steps of Recovery as a framework and pathway. Q and A period included.

Gambling in Later Life: Risk Factors and Trauma Informed Care

Nicole S. MacFarland, PhD, LCSW-R, Master CASAC, Senior Hope Counseling

Bill Hill, CAS.Ed., M.Ed., BRPS, CPME, CRC, CASAC-G, ICADC, Center for Problem Gambling

Participants will be offered an overview on the incidence and prevalence of late-life gambling disorder. Evidence-based models for treating older adults with gambling disorder will be offered and gambling profiles among older adults will be discussed. Additionally, the characteristics inherent among older gamblers in two specialized clinics will be presented and the importance of continuing care services will be shared during this presentation.

Problem Gambling Treatment in NYS: Options, Resources and Support

Rebecca Cooper and Jennifer Berg, NYS Office of Addiction Services and Supports

This workshop will provide an overview of options for problem gambling treatment service delivery in NYS including resources and support such as trainings, supervision and technical assistance.



Special thank you to Leaf Council on Alcoholism and Addictions for providing their displays and artwork at the 2019 NYCPG Annual Conference on Problem Gambling. Please be sure to visit the Leaf Art Exhibit. It is with great appreciation that we recognize LEAF and their staff for their ongoing support and focus on recovery and problem gambling.

Meet Your Regional PGRC Staff

PROBLEM GAMBLING

NEW YORK STATE

RESOURCE CENTERS

— *Here to Help* —

Thursday

10:30am - New York City Boroughs

2:30pm - Mid-Hudson & Long Island

Friday

10:15am - Finger Lakes & Western

2:15pm - Northeast & Central

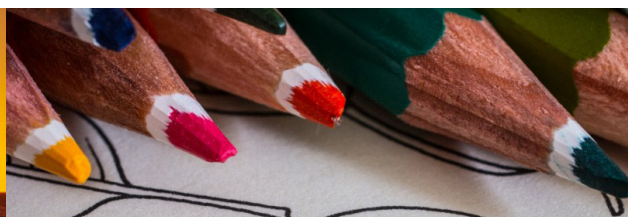
(Schenectady/Troy Rooms)

NYProblemGamblingHELP.org

WELLNESS @ #NYCPG2019

We know how exciting a conference can be. From opportunities to network to exciting keynotes and workshops, the experience could easily drain us all. Top that all with the possibility of being triggered while away from home, we want to make sure we offer our participants opportunities for self-care.

- **Yoga and mindfulness** based wellness session on Thursday at 4:15pm.
(Salon D)
- Daily **OPEN Gamblers Anonymous** and **Gam-Anon** meetings.
(Schenectady/Troy Rooms and Albany Room)
- A **Wellness Center** open at all times during the conference. The wellness center offers a variety of opportunities, activities and literature to relax and destress while enjoying light zen-style music.
(Colonie Room)



NYProblemGambling.org/Conference

Presenter Biographies

Cam Adair (*cam@gamequitters.com*)

Cam Adair is the founder of Game Quitters, the world's largest support community for video game addiction, serving members in 95 countries. Named one of Canada's top 150 leaders in Mental Health, his work has been published in Psychiatry Research, and featured in two TEDx talks, Forbes, BBC, the New York Times, NPR, CNN, and ABC 20/20, amongst others. He's an internationally recognized speaker, entrepreneur, and YouTuber with over 2M views. Born in Canada, he currently lives in California.

Jennifer Berg (*jennifer.berg@oasas.ny.gov*)

Jennifer Berg is an Addiction Program Specialist 2 at the New York State Office of Alcoholism and Substance Abuse services, where she has been for over 12 years. She acts as the Coordinator of Problem Gambling Services for New York State through the Office of Alcoholism and Substance Abuse Services. In this capacity she oversees problem gambling services for the state which includes treatment, prevention, and recovery. Additionally, through the Bureau of Prevention, she provides technical support for prevention providers in the northeastern region of the state and oversees various prevention related initiatives. Jennifer has served on the board of the Association of Problem Gambling Administrators (APGSA) for the past 10 years. She has a Bachelor of Science from SUNY Oneonta and has a wide range of clinical, case management and administrative experience working with substance abuse, developmental disabilities, problem gambling and healthcare. She has spoken regionally and nationally on problem gambling issues.

Stelianos Canallatos (*scanallatos@nyproblemgambling.org*)

Stelianos Canallatos is the Prevention and Communications Specialist for the New York Council on Problem Gambling, where he is responsible for prevention program assessment, planning, and evaluation; contract management for the YOU(th) Decide project; and raising public awareness of problem gambling through printed and electronic media efforts across New York State. Prior to working with NYCPG, Stelianos worked as a prevention professional for more than 10 years focusing on topics such as problem gambling, substance abuse, domestic violence, and sexual assault. Stelianos received his Master of Arts in Leadership Development and Administration from the State University of New York College at Plattsburgh.

Carl, Doris, Joe, Wanda

Wanda and Doris have been long time members of Gam-Anon and found their own recovery through this fellowship. Carl and Joe are in long term recovery for gambling and members of Gamblers Anonymous.

Ginger Cato (*gcato@hfm-preventioncouncil.com*)

Ginger Cato is the Director of the Rob Constantine Recovery Community and Outreach Center, a program of the HFM Prevention Council and is a family member in recovery. Before working at the Recovery Center, Ms. Cato was the Assistant Program Director at Montgomery County Domestic Violence, a program of Catholic Charities of Fulton and Montgomery Counties where she now serves on the Board. She is passionate about advocating for those who haven't yet found their own voice. She also works diligently to break the stigma of addiction and believes recovery is possible for everyone. Ms. Cato is a certified recovery peer advocate (CRPA), a certified instructor for several CCAR trainings including Recovery Coach Academy and Ethical Considerations for Recovery Coaches. In 2014 she was named a Women of Distinction by Assemblyman Santabarbara. In the Spring she will be an Adjunct Instructor at Fulton Montgomery County Community College. She holds a Bachelor of Science degree in Community and Human Services from SUNY Empire State College.

Andrea Colline (*acolline@cccfrocherster.org*)

Andrea Colline holds the position of outreach coordinator with Consumer Credit Counseling Services of Rochester. She has been with the organization since 1998 and has over 15 years of experience working with individuals to become debt free and reach their financial goals. In her current role as an outreach coordinator, Andrea works with local agencies to conduct financial literacy and informational sessions. She has developed many relationships over the years with local organizations to help members including social services agencies, schools, churches and credit unions. In her previous role as an advisor, Andrea had conducted over 10,000 counseling sessions and surpassed the agencies goals of assisting people in becoming debt free. Andrea is

certified in Credit, Housing, Bankruptcy, and Reverse Mortgage counseling. She is also certified through the National Foundation for Consumer Credit as an education specialist. She has taken on several special projects and tasks. Andrea worked with the after school program at the YMCA to teach inner city students about money and savings. Andrea is a strong communicator with a friendly overtone and has a true passion in her current role.

Rebecca Cooper (*rebecca.cooper@oasas.ny.gov*)

Rebecca Cooper is a licensed social worker in the State of New York. She has been working in addiction field over 25 years. She currently works at the New York State of Alcoholism and Substance Abuse Services (OASAS) and is in Private Practice. In her position at OASAS, she co facilitates the oversight of problem gambling services throughout the state as well as manages the OASAS HOPEline. Prior to her position at OASAS, Rebecca was the Program Director for the Center for Problem Gambling in Albany, NY and worked in both outpatient and inpatient chemical dependency programs. Rebecca has had several research articles published and has spoken regionally and nationally on various topics related to problem gambling.

Jaime D. Costello (*jcostello@nyproblemgambling.org*)

Jaime Costello is the Bureau Director of Prevention and Training at the New York Council on Problem Gambling. In her current position, Jaime is responsible for prevention and training program assessment, planning, evaluation and oversight. Her background is in substance abuse prevention, community coalition work and training. Jaime is a Certified Prevention Professional with Gambling Designation (CPP-G) through the New York State Office of Alcoholism Substance Abuse Services (OASAS) and received her Master of Public Health (MPH) student from the University of New England. She is most passionate about environmental prevention, and program planning and evaluation.

Stephen Dewey, Ph.D (*stephen.dewey@nyulangone.org*)

Dr. Stephen L. Dewey Research Professor Department of Psychiatry NYU School of Medicine Director of Research Education Seafield Center Dr. Stephen L. Dewey received his Ph.D. from the University of Iowa. He completed his postdoctoral fellowship in the Neurology Department at Stony Brook University. During his tenure at Brookhaven National Laboratory, Dr. Dewey conducted research on the effects of addictive drugs on the human brain. These studies led to the development of an effective pharmacologic treatment for addiction – currently in clinical trials. In 2009, Dr. Dewey moved his research team to the Feinstein Institute for Medical Research at Northwell Health. In 2017, he moved his team to the Department of Psychiatry at the New York University, School of Medicine. Dr. Dewey has published more than 250 research articles, book chapters, and abstracts. Dr. Dewey started an outreach program in 1994 bringing his research findings to school districts throughout Long Island and the tri-state area. His informative message has reached hundreds of thousands of school-age children, parents, teachers, administrators, and counselors. “Dr. Dewey’s message is science-based, objective, and delivered with a sense of urgency, compassion and caring that commands attention,” stated former LICADD Executive Director, Dr. Jeffrey Reynolds. Recently, Dr. Dewey accepted an appointment to the Suffolk County Board of Health where he hopes to continue his education efforts in the fight against drug abuse. Additionally, in 2015 he was appointed Director of Research Education at Seafield Center, the largest in-patient treatment facility on Long Island. Dr. Dewey’s research has been featured on 20/20, Dateline, Good Morning America, ABC, NBC, CBS, FOX, CNN, FOX News, News 12 Long Island, The New York Times, The Wall Street Journal, and Newsday. Dr. Dewey is the recipient of many honors and awards. These include the Department of Energy’s Distinguished Research and Development award and its ER100 award, The Brookhaven Award for Distinguished Effort in Community Service, Man of the Year in Science, Man of the Year in Education, the Officer John Jantzen Memorial Award for Prevention, Caron’s Community Service award and its Research award....twice! In addition, Dr. Dewey recently received LICADD’s Community Champion award.

Lawrence T. Force, Ph.D., LCSW-R (*drforce@icloud.com*)

Dr. Lawrence T. Force, a gerontologist, has worked in the field of aging and disabilities for over thirty-five years as a practitioner, academician, administrator, and researcher in both the public and private sector. Dr. Force has recently helped launch the National Organization of Adult Addictions and Recovery (NOAAR), whose mission is to raise awareness and treat and prevent addictions in adults. He is a Professor of Psychology at Mount Saint Mary College and the Director of the Center on Aging and Disability Policy. Dr. Force is a nationally recognized leader in the area of aging. He is the Editor and coauthor of Gerontology: An Interactive Text, 2nd edition and

End-of-Life Care: A Guide for Supporting Older People with Intellectual Disabilities and Their Families. He is the author of: The Detoxing of Caregivers: Key Tips for Survival, Strength and Patience and has collaborated on books, articles, chapters, monographs, and technical reports that address topics such as developmental models of aging, caregiving, addictions across the lifespan, lifelong disabilities, and naturally occurring living communities (NOLCs). Dr. Force was sponsored as a Summer Institute Fellow at the National Institute on Aging (NIA) and the RAND Corporation and was funded as a Principal Investigator (PI) on a National Institute of Health (NIH) grant conducting a nationwide study of the Area Agencies on Aging (AAAs). He has presented his work at national and international conferences and is presently involved in a multi-year NYS Developmental Disabilities Planning Council (NYS DDPC) grant on Mindfulness Based Stress Reduction (MBSR) for caregivers of individuals with Intellectual Disabilities. Dr. Force is a Licensed Clinical Social Worker (LCSW-R) and a National Board Certified Clinical Hypnotherapist (NBCCH).

Elisa C. Gwilliam, Ph.D. (cand.) (*elisa@hudsonvalleyhealing.org*)

Elisa C. Gwilliam, a wellness business professional, has worked in the field for over 12 years as a practitioner, educator, manager, and researcher. Ms. Gwilliam is founder of Hudson Valley Healing Center in Poughkeepsie, New York, a wellness establishment offering treatments and classes in the area of health. She holds a position on the board of the National Institute of Adult Addiction and Recovery. She sits as a member of RecoVRspace, LLC – a Start-up enterprise in the arena of technology solutions and recovery. Ms. Gwilliam is currently a doctoral candidate researching the affects of Mindfulness-Based Interventions of the habit loop cycle.

Fr. David Haig (*frdave7@gmail.com*)

Father David began serving as Rector of St. Luke's on the Hill in 2014. As a trained actor and director, a professional singer, a business owner, a licensed builder, a husband, father, a man in long term recovery, and more importantly, a priest. He married his childhood sweetheart, Cathy, and they have three grown children: Ryan, married with children, Jesse, married and works as a builder, and Shelly who just graduated from Liberty University this year. As director of St. Luke's Recovery Resource Center we assist people to find the resources that they need for recovery along with providing space for many 12 step groups.

William Hill, CAS.Ed., M.Ed., BCRPS, CPME, CRC-T, CASAC-G, ICADC (*bhill@capitalcounseling.org*)

Bill holds a NYS Alcohol & Substance Abuse Certification with a Specialty in Gambling Disorder (CASAC-G) as well as being certified as a Certified Relapse Prevention Specialist (BCRPS) and a Certified Recovery Coach Trainer (CRC-T). Bill holds adjunct faculty positions at Springfield College, Tampa, Fl. And SUNY, Kingston, NY. Additionally, Bill serves as a SAMHSA grant review specialist; a Certified OASAS Education & Training Provider and a staff member of the Albany County, NYS Opioid Task Force. Bill has a 15 year history in treating addictive disorders. He has worked in various positions throughout his career including counselor, clinical supervisor and program director in various levels of care to include inpatient and outpatient programs. Bill received his post master's degree from Johns Hopkins University, Baltimore, Md. In Communications Disorders; his Graduate Addictions Study Certificate from SAGE Graduate School, Albany, NY and his Master's Degree from Coppin State University, Baltimore, Md. in Special Education. He became interested in the field of addiction via personal experiences which revealed how devastating the disease of addiction can be.

Billie Kingsbury-Lohr (*billiekl@CAAFL.org*)

Billie has worked in the field of Prevention for 13 years with the Council on Alcoholism and Addictions of the Finger Lakes. Her career in prevention began in 2006 as the Environmental Prevention Specialist for the Council on Alcoholism. In 2008 she became the Director of Programming. She possesses a Master's Degree in Psychology and a C.P.P.g. credential through NYS OASAS. Billie has managed the YOU(th) Decide Grant in the 5 County region of Ontario, Wayne, Yates, Seneca, and Schuyler since 2015.

Bennett Liebman, Esq. (*blieb@albanylaw.edu*)

Bennett Liebman is as a Government Lawyer in Residence and an Adjunct Professor of Law at Albany Law School. He had previously served as the Executive Director of the Government Law Center at Albany Law School. In the course of a three-decade career working for New York State, he served as counsel to Mario Cuomo when he was State Lieutenant Governor, special deputy counsel to Governor Mario Cuomo and deputy secretary for gaming and racing to Governor Andrew Cuomo.

Nicole MacFarland (*n.macfarland@seniorhope.org*)

Nicole S. MacFarland received her BA from Skidmore College and an MSW from the University of Pennsylvania School of Social Policy & Practice. In May 2014 she received her PhD from the University at Albany's School of Social Welfare. In 2018, Dr. MacFarland was appointed as Clinical Assistant Professor for the School of Public Health Policy, Management and Behavior and for the School of Social Welfare, University at Albany. Dr. MacFarland has held the position of Executive Director of Senior Hope Counseling, Inc. since 2012 after serving as Clinical Director of Senior Hope for eight years. She also holds the position of Executive Director of The Senior Hope Foundation, Inc. a nonprofit, established in 2015 which supports Senior Hope Counseling, Inc. She has lectured locally, statewide and nationally on the topic of geriatric addictions and co-occurring disorders among older adults and has been interviewed on TV and the radio over the past several years. Her publications include a book chapter, several articles, and an NASW-NYS on-line, continuing education course. Dr. MacFarland is the recipient of a Hartford Doctoral Fellows Pre-Dissertation Award and the 2009 Individual of Distinction in Addictions Education and Training Award for NYS. In 2010, she was honored as Social Worker of the Year for New York State at the Annual NASW-NYS conference. Dr. MacFarland's community service includes leadership roles within the National Association of Social Workers as Delegate to the National Delegate Assembly representing the Northeast division of NYS and Representative to the Committee on Nominations and Leadership Identification for NASW-Northeast Division. Additionally, she was inducted into the Albany Rotary Club July, 2015 and was appointed as Vice President of Albany Rotary Club, July 2018. She resides in Glenmont, N.Y. with her husband and son.

Jen Maley-Wheeler- LMSW (*jmaleywheeler@capitalpridecenter.org*)

As an LMSW, Jen's main focus is to provide competent case management and counseling services to the LGBTQ+ community in addition to providing training and education services to local organizations, schools, community centers, and non-profits. Originally from Cincinnati, OH, Jen moved to Albany in July 2006 with her wife, Kelly, after graduating with a Bachelor's of Science in Criminal Justice from Eastern Kentucky University (EKU). It was in college that Jen began her advocacy work with the LGBTQ+ community, serving in various roles of EKU's Pride Alliance as well as organizations in the community. Jen obtained her Master's Degree in Social work from the University at Albany and has worked at various non-profits throughout the Albany area. Becoming an LMSW, Jen is excited to provide case management and counseling services to the LGBTQ+ community. Jen is excited to continue her career at the Pride Center where she can give back to the community that has given so much to her.

Paul Meher (*pmeher@hfm-preventioncouncil.com*)

Paul Meher is a Prevention Educator for the HFM Prevention Council. Before working at the Prevention Council, Paul was the Family and Community Educator for the Gloversville Enlarged School District. He is passionate about teaching youth...shaping the next generation...preventing a culture of addiction and violence. He holds a Bachelors of Science degree in Business Management from SUNY Empire State College.

Lia Nower, J.D., Ph.D (*lnower@gmail.com*)

Lia Nower, J.D., Ph.D. is a Professor and Director of the Center for Gambling Studies. She is also Co-Director of the Addiction Counselor Training Certificate Program and a research affiliate with the Center of Alcohol Studies. Dr. Nower's research focuses on psychometric measurement, the etiology and treatment of behavioral addictions, specifically disordered gambling, and gambling-related policy issues. Dr. Nower has served as an NIH pre-doctoral fellow, a Fulbright fellow, and a research intern at the National Research Council at the National Academies. She currently serves as a co-editor, advisory board member or board member of several journals and a consultant and grant reviewer for international, national and state agencies. Dr. Nower is also a member of the legislative board of and a clinical supervisor for the National Council on Problem Gambling in Washington D.C. A former criminal prosecutor, she is a member of the Thomson-Reuters Expert Witness Services (TREWS) network and serves as a forensic consultant in state and federal court cases involving gambling-related crimes. Current research includes developing a sub-group specific screening instrument for problem gamblers, exploring risk and resiliency factors among youth gamblers, behavioral decision making under win/loss conditions, defining recovery, and internet gambling policy. Dr. Nower has also co-authored several policy initiatives, including a model for self-exclusion programs and an industry framework promoting informed-choice in gambling venues. She co-edited the book, The Wiley-Blackwell Handbook of Disordered Gambling (2013).

Karyn Rando (*Krando@cccofrochester.org*)

Karyn Rando is the Director of Counseling Operations for Consumer Credit Counseling Service of Rochester. She is an industry veteran and has been in the credit counseling world for 13 years in various capacities which include leading Counseling, Call Center, and Quality Assurance departments. As a Certified Credit Counselor through the National Foundation for Credit Counseling, Karyn also focuses on community outreach and credit education as well as fostering partnerships throughout the Finger Lakes, Central Region and Capital District of New York State.

Shari Trombley (*Shari@queensburychiropractic.com*)

Shari is a clinical nutritionist with a background in nursing. She was introduced to Nutrition Response Testing in 2000 and trained by founders Dr Bryman & Dr Ulan. Shari worked with them until she transitioned out on her own. Currently, Shari rents space in with Queensbury Family Chiropractic in Queensbury NY and also has a home-based office in Rutland, VT.

Rachel Truckenmiller, Ed.S. (*rachelt@hfm-preventioncouncil.com*)

Rachel is the Executive Director of the HFM Prevention Council. Previously, she worked as the New York State Partnership for Success (PFS) Project Coordinator helping PFS funded coalitions from across the state work through the strategic prevention framework process. In 2005, Rachel began as the coordinator of Fulton County's drug free coalition, ASAPP's Promise, first implementing a Drug Free Communities grant and then coordinating the Prevention First-NY! (SPF-SIG) agreement. Prior to her work in the substance abuse prevention field, Rachel worked at the Harvard Medical School Department of Health Care Policy as a staff assistant and at the University of New Hampshire as a residence hall director.

Les Waite (*leslie.waite@va.gov*)

Dr. Les Waite is a military psychologist working in the Substance Abuse Recovery and Rehabilitation Treatment Program at the Stratton VA Medical Center in Albany, New York and has worked within the VA healthcare system for the past five years treating veterans with addictive disorders in inpatient, residential, intensive outpatient, and outpatient environments. He previously worked in the national Gambling Treatment Program at the Stokes VA Medical Center in Cleveland, Ohio where he treated veterans diagnosed with Gambling Disorder in both residential and outpatient settings. He is a graduate fellow of the Disordered Gambling Treatment Supervision Fellowship, a program designed to educate clinicians on providing supervision to other professionals who treat people with Gambling Disorder. He is a member of the National Council on Problem Gambling (NCPG), is a certified International Gambling Counselor (ICGC-I) and is a member of the New York Council on Problem Gambling. A veteran himself, Dr. Waite served for 11 years as an Active Guard Reserve member in the Ohio Air National Guard, graduated with honors from the US Air Force Noncommissioned Officer Academy (NCOA), and was awarded the Air Force Commendation Medal for Meritorious Service.

Anthony Zenkus (*anthonyzenkus@gmail.com*)

Anthony Zenkus has over 30 years' experience in the field of child and family welfare. As a nationally recognized speaker, Anthony trains professionals and community members throughout NY and beyond on issues related to family and community violence, trauma and addictions. As a senior director at VIBS Family Violence and Rape Crisis Center on Long Island, Anthony speaks to law enforcement professionals, medical professionals, mental health providers and educators on all aspects of family violence and trauma. In 2018, Anthony trained over 1,000 trial judges and the Appellate Division in New York State on trauma, family violence and inequality. In 2016, he did a TED talk on the effects of poverty and inequality on the development of children. Anthony is also an activist and has been an organizer with Occupy Wall Street as well as being involved with Black Lives Matter and the movement for climate justice, and he was trained as a presenter by Vice President Gore for the Climate Reality Project. He appears regularly in print, online, and television media as an expert on family violence, trauma and the effects of inequality. Anthony also serves as adjunct faculty at the schools of Social Work at Columbia University in New York City and Adelphi University on Long Island.

NYCPG Educational Opportunities

The 2019 NYCPG Annual Conference will come to a close, but your education doesn't have to stop there. Take the time to review our many educational opportunities for trainings and supervision. We're here to ensure New York professionals are prepared to prevent problem gambling, and collaborate and support those adversely affected by offering services to help.

Online Training Center

The New York Council on Problem Gambling (NYCPG) offers specialized training for providers of problem and compulsive gambling services, substance abuse treatment centers, mental health service providers, and other interested health care providers.

All NYCPG trainings satisfy the New York State Office of Addiction Services and Supports (OASAS) requirements for Credentialed Alcoholism and Substance Abuse Counselor (CASAC) and Credentialed Prevention Provider (CPP) with gambling specialty designation clock hours. Our OASAS Education and Training Provider Certificate Number is 0367.

All NYCPG trainings have been approved by the National Council on Problem Gambling for Continuing Education Units.

All NYCPG Training Institute faculty members are certified professionals with demonstrated expertise in their training area. For more information on specific trainings, please visit NYProblemGambling.org/Online-Training/.

Clinical Supervision for Problem Gambling Treatment Providers

The NYCPG is pleased to once again offer free Clinical Supervision to Problem Gambling Treatment Providers in New York State. Whether you are a CASAC-G or other credentialed provider currently working with problem gambling clients, or you are working toward your specialty designation, these sessions can provide you with the support you need.

To learn more, please visit our website at NYProblemGambling.org/Online-Training/.

Thank you for joining us for our
2019 NYCPG Annual Conference
on Problem Gambling.



We hope to see you next year!