## **KEYNOTES**

## A Syndemic Approach to Problem Gambling

Lia Nower, J.D., Ph.D

Problem gambling services vary widely by jurisdictions and are largely confined to treatment and prevention efforts. For that reason, it is likely that a majority of those developing gambling problems go unidentified until gambling problems cause significant harm. During this keynote, Dr. Lia Nower will discuss the primary sectors and key stakeholders of the syndemic system, including substance use and mental health treatment facilities, hospitals, child welfare agencies, schools, courts, and community agencies. Dr. Nower will also cover the developing targeted strategies to identify and address gamblers in each sector, and integrating each sector into a larger network of prevention, intervention and treatment.



## **Video Game Addiction Master Class for Mental Health Professionals** Cam Adair

Video game addiction is real and a tsunami of it is coming that mental health professionals are not prepared for. In this masterclass, Cam Adair shares his personal journey of overcoming his addiction to the gaming world and offers key insights into how gaming and social media are designed to keep people hooked. He also takes an evidence-based approach to help you identify those at-risk, how to communicate effectively with patients, and what the practical strategies are to help them succeed in



## Understanding The Consequences of Addictive Substances and Behaviors on the Human Brain

Stephen Dewey, Ph.D

Dr. Stephen Dewey will discuss data that demonstrates the effects of the internet and video games, cell phones, and vaping on reward systems. The effects of combining addictive substances with addictive behaviors will also be discussed. Finally, data demonstrating the role that the environment plays in relapse to these addictions will be presented.



**Problem Gambing and Trauma: Why A Trauma-Informed Approach is Necessary** 

Anthony Zenkus, LMSW

An expert in the field of trauma, Anthony Zenkus will present evidence that much of what we call addiction is actually rooted in childhood and sometimes adult experiences that have caused us pain and affected our healthy development. He will explore how a more trauma-informed approach can increase treatment participation, bring better outcomes, and offer information to prevent these problems for future generations.

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