

## Gaming And Gambling In 2018: Where Are We?

Participants will leave with a stronger understanding of the rapidly changing technologies that allow for a more blended user experience of gaming and gambling.

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The New York Council on Problem Gambling is a not-for-profit independent corporation dedicated **to increasing public awareness** about problem and compulsive gambling and **advocating for support services and treatment** for persons adversely affected by gambling.

*The Council maintains a neutral stance on gambling.*

**NYProblemGambling.org**

## Overview

- Overview of the spectrum of activities.
- Identifying gambling opportunities in video games.
- Discussion of user's risks associated with gaming technologies.
  - Discussion of actions to prevent problems.



## What is gaming?



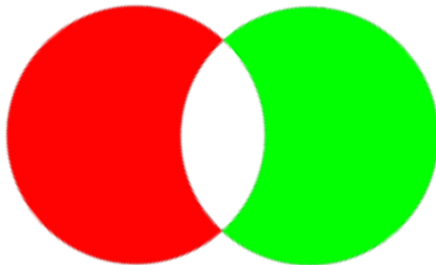
## What is gambling?

**RISK** something of

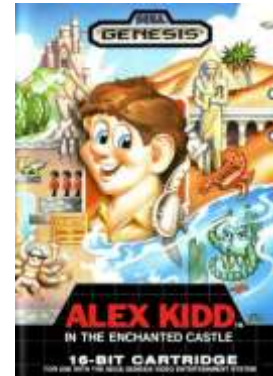
**VALUE** on a game of

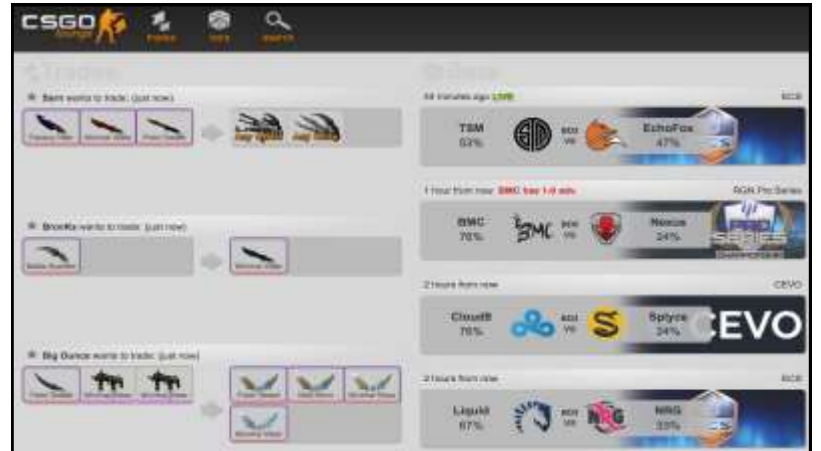
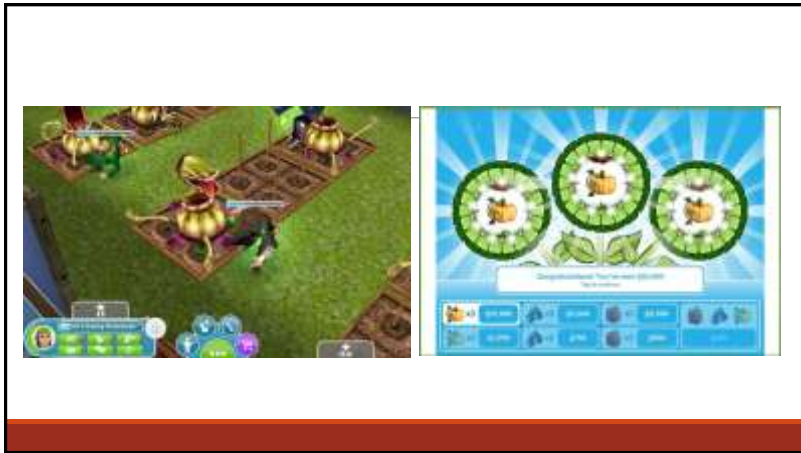
**Chance** for a Desired Result.

"Gambling" or "Gaming"?

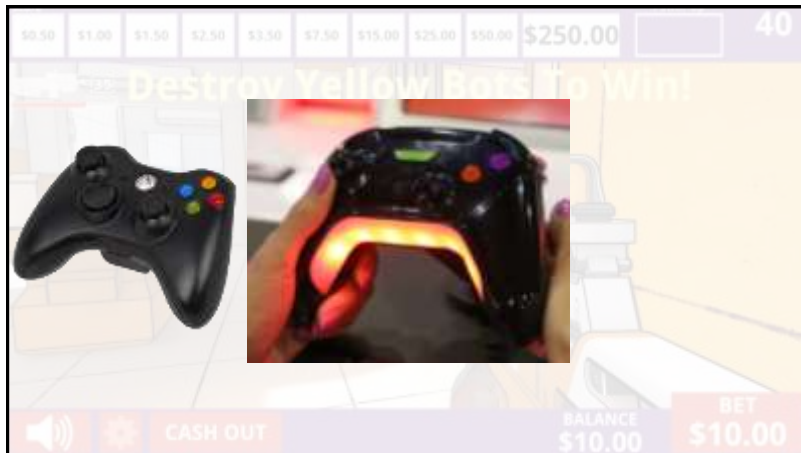


**The Games**









"Gambling" or "Gaming"?

**The Users**

A Venn diagram consisting of two overlapping circles, one red and one green. Below the diagram, the text "The Users" is written in a bold, black font.



## Problems?

Symptoms of “pathological gaming” include:

- Impulse control problem
- Lower school performance
- Poor self-esteem and social competence
- Loneliness
- Hostility

Consequences of youth gambling include increased risks for:

- Delinquency and crime
- Substance use and abuse
- Addiction
- Damaged relationships
- Poor academic performance
- Depression & anxiety
- Overall poor general health

## What can be done to prevent problems stemming from gaming?

Please take a moment to write down some ways to prevent problems from gaming and/or gambling.



## Game Plan

What will you do to prevent problems?

What is your step-by-step process?

What additional resources do you need?



## Review

- Overview of the spectrum of activities.
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## Resources

- [Game Quitters](#) is a site dedicated to helping anyone struggling with a gaming addiction. They offer information for gamers or parents interested in getting help.
- [YOUthDecideNY.org](#): Home of the NY initiative to empower teens to make healthy decisions regarding their gambling behaviors and to educate their peers and communities about the dangers of underage gambling
- [DontBetYet.com](#): Home of the "Go Away Monster!" video and activity kit
- [KnowTheOdds.org](#): Home of statistics, links, e-books, and videos surrounding problem gambling issues
- [NYProblemGambling.org](#): Home of the New York Council on Problem Gambling: training information, online classes, Annual Conference information, and general resources
- [YouthGambling.com](#): Home of McGill University's International Centre for Youth Gambling Problems and High Risk Behaviors

## Support and Treatment Resources

[https://www.oasas.ny.gov/providerDirectory/index.cfm?search\\_type=2&program\\_type=15&region\\_type=0](https://www.oasas.ny.gov/providerDirectory/index.cfm?search_type=2&program_type=15&region_type=0) – OASAS provider search

[www.GamblersAnonymous.org](http://www.GamblersAnonymous.org) – Home of Gambler's Anonymous, a self-help group for those who want to stop gambling

[www.GamANON.org](http://www.GamANON.org) – Home of Gam-ANON, a self-help support group for family members and friends affected by a loved one's gambling



**1-877-8-HOPENY**  
Find Help for **1-877-846-7369**  
Alcoholism, Drug Abuse, Problem Gambling