



2018 NYCPG Annual Conference on Problem Gambling

***Making Connections Matter:
Partnering to Unveil the Hidden Addiction***

October 9-11, 2018
Marriott Hotel Albany, New York



Executive Director's Welcome

Dear Conference Participant,

We are pleased to welcome you to the 2018 NYCPG Annual Conference! Each year the Council's Annual Conference brings together those in the problem gambling and human services fields to foster communication, to promote the advancement of professional knowledge and to explore partnership opportunities.

This year's title, *Making Connections Matter: Partnering to Unveil the Hidden Addiction*, represents the Council's continued commitment to drive New York's problem gambling services towards valuable growth in the coming years. With preparation, and with your participation, we know we will be looking towards a future NY better equipped to address the needs of individuals, families, and communities.

This conference represents a valuable opportunity to exchange ideas and share experiences, whether you work in problem gambling, prevention, treatment, recovery or other human service careers. We hope that you find our event an occasion to establish networks and to further recognize opportunities for collaboration with the Council as well as each other.

We encourage your participation over the next few days as well as throughout the coming year, and we look forward to our continued work together to address this serious and important issue. Raising the awareness of problem gambling and bringing services to those adversely impacted takes a community of collaboration and we are pleased to count you as part of that team.

Sincerely,

A handwritten signature in black ink that reads "Jim". The signature is written in a cursive, slightly slanted style.

President of Board of Directors' Welcome

October 9, 2018

Welcome to the Annual Conference of the New York Council on Problem Gambling. The title, “Making Connections Matter: Partnering to Unveil the Hidden Addiction,” is quite a mouthful! But each word in this year’s theme is relevant to fulfilling the mission of the NYCPG. Upon reflection, the words also help us understand the evolution and success of the NYCPG as it has worked, and continues to work, to accomplish its goals.

The New York Council on Problem Gambling is a not-for-profit independent corporation. Since its inception 25 years ago, the Council has been dedicated to increasing public awareness about problem and disordered gambling and advocating for support services and treatment for persons adversely affected by problem gambling.

So, yes, the Council is dedicated to its mission. The bottom line has always been: let’s help those who are suffering. Every person who struggles because of disordered gambling matters. Every connection that is made matters – whether it be getting someone into treatment, providing training for clinicians or agencies, advocating for support from law and policy makers – every connection is important and a stepping stone to more connections.

And every connection leads to a new partnership and more collaboration. That’s why we welcome you to this conference. Our agenda and program will afford you more opportunities to learn. Inevitably, when the awareness is created, caring people, whether they be health care professionals, government policy makers, employee-based assistance programs, researchers, scientists – they all want to know and do more. The seed is planted and the passion grows.

So, it is no wonder that we have arrived at one of the most remarkable years in the history of the New York Council on Problem Gambling.

At this conference, you will hear about our new comprehensive programs set to reach every county in New York State. You will hear how we partner with the experts to build on “what works,” and brainstorm about “what could work better.” The staff of the NYCPG takes action. They get the job done, but always with eyes to the future, where there’s more work to do as we continue to lift the veils on this hidden addiction.

Please share in our excitement as you attend workshops and make your own connections at this conference. Be inspired by everyone you meet. Strengthen your passion to advocate for disordered gamblers and their families.

Respectfully,
Stephen Block
President, Board of Directors, NYCPG

NYCPG Mission Statement

The New York Council on Problem Gambling, Inc. is dedicated to increasing public awareness about problem and compulsive gambling, and advocating for support services and treatment for persons adversely affected by gambling. NYCPG maintains a neutral stance on gambling.



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Stelianos Canallatos, Prevention Specialist

Conference Agenda

Tuesday, October 9, 2018

3:00 – 5:00pm	Pre-Conference Session Normalization and Cultural Shift: Preparing for Expanded Sports Gambling, NYCPG <i>*Only available to main conference registrants*</i>
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Wednesday, October 10, 2018

8:00am – 9:00am	Registration and Refreshments
9:00am – 9:30am	Conference Welcome <i>Arlene Gonzalez Sanchez, Commissioner, Office of Alcoholism and Substance Abuse Services, NYS</i> <i>Ronald G. Ochrym, Executive Director, NYS Gaming Commission</i>
9:30am – 10:30am	The Healing Power of Presence <i>Chris Anderson, MS, LMFT, ICGC-II/BAC, Gambling Recovery Center, TX</i>
10:30am – 10:45am	Movement Break
10:45am – 11:45am	Workshop Session 1: <ul style="list-style-type: none">• Interview with the Gambler: The Gambler Chronicles, <i>Chris Anderson, MS, LMFT, ICGC-II/BAC</i>• Becoming an OASAS Approved Problem Gambling Treatment Provider, <i>Jennifer Berg, Connie Burke, Megan O’Grady, Ph.D, Janet Paloski, Trisha Schell-Guy</i>• Sock it to Problem/Disordered Gambling Stigma, <i>George Mladenetz, MA</i>• Gaming and Gambling in 2018: Where are we? <i>Stelianos Canallatos, MA</i>
11:45am – 12:15pm	OPEN Gamblers Anonymous Meeting and OPEN Gam-Anon Meeting
12:15pm – 1:15pm	LUNCH
1:15pm – 2:15pm	Gambling on the Future: Adolescent Participation in Gambling and Crime <i>Amanda McCormick, PhD, University of the Fraser Valley, British Columbia</i>
2:15pm – 2:45pm	<i>Special Topic TBA</i>
2:45pm – 3:00pm	Movement Break
3:00pm – 4:00pm	Workshop Session 2: <ul style="list-style-type: none">• Building the Bridge Between Formalized Treatment and Self-Help for Problem Gambling, <i>Joe Barbera, Kathleen Carney, Rod Correa, Mara Mendicino</i>• Recovery and Wellness Mindset, <i>Deborah Faust, Amy Molloy, MSW, M.Ed</i>• Gambling Addiction and the Implications for Treatment in Custody, <i>Amanda McCormick</i>• Effects of Problem Gambling on Family Members, <i>Naomi Tague, Chris Tague, Rebecca Cooper, Jim Maney</i>
4:15pm – 5:15pm	FREE optional YOGA class for all levels!

Thursday, October 11, 2018

8:00am – 9:00am	Registration and Refreshments
9:00am – 9:15am	Day 2 Welcome
9:15am – 10:15am	A Better High: How To Encourage Healthy Natural Highs Over Problem Gambling <i>Matt Bellace, PhD, Neuropsychologist, Author and Stand-Up Comedian</i>
10:15am – 10:30am	Movement Break
10:30am – 11:30am	Workshop Session 3: <ul style="list-style-type: none">• What were you thinking? Communicating With Teens About Problem Gambling, <i>Matt Bellace, Ph.D</i>• Link Between Opioid Use and Problem Gambling, <i>Loreen Rugle, Ph.D</i>• Organizational Culture: Making Room for Problem Gambling Services, <i>Amanda Burke, Ph.D, CTRS, CHES</i>• Identity Theft Prevention and Mitigation Advice for Family Victims, <i>Paula J. O'Brien, Esq.</i>
11:30am – 12:00pm	OPEN Gamblers Anonymous Meeting and OPEN Gam-Anon Meeting
12:00pm – 1:00pm	LUNCH
1:00pm – 2:00pm	Let It Go, Just Let It Go <i>Kent Rader, Author and Professional Comedian</i>
2:00pm – 2:30pm	<i>Special Topic TBA</i>
2:30pm – 2:45pm	Movement Break
2:45pm – 3:45pm	Workshop Session 4: <ul style="list-style-type: none">• Laughter Matters, <i>Kent Rader</i>• Using Recovery Oriented Language to Support Empowerment and Transformation, <i>Perryn Dutiger, MSW</i>• Community Appeal: Assessing Opportunities and Threats to Providing Problem Gambling Services in Your Community, <i>Amanda Burke, Ph.D, CTRS, CHES</i>• New York's Statewide Voluntary Self-Exclusion Program by the Numbers, <i>Carolyn Hapeman, MA</i>



FREE Yoga class intended for all levels

Join us for a relaxation yoga class
on Wednesday, October 10 at 4:15pm
to relax after a long day of workshops and networking.

Keynote Descriptions

A Better High: How To Encourage Healthy Natural Highs Over Problem Gambling

Matt Bellace, Ph.D

This informative and humorous keynote focuses on using healthy natural highs (e.g. exercise, meditation, laughter) as an alternative to problem gambling and other unhealthy highs. Particular attention will be paid to the neural correlates of addiction, including gambling, as well as the current research on how nature (e.g. blue space, forest bathing) improves well-being. The program is not a lecture, but rather Dr. Bellace will use his unique comedic style, interactive demonstrations and inspirational stories to engage the audience. In addition, current research on resilience and mental health will be integrated into the presentation. Dr. Bellace draws from his unique history, starting out at a substance abuse prevention camp in high school, founding a nationally recognized student group in college and then training in clinical neuropsychology and stand-up comedy at the same time in graduate school! It should be a fun and informative session for all!

Gambling on the Future: Adolescent Participation in Gambling and Crime

Amanda McCormick, Ph.D, University of the Fraser Valley, Centre for Public Safety and Criminal Justice Research

Despite being legally prohibited from gambling in North America, there are high rates of gambling participation among adolescent populations and adolescents are several times more likely than adults to progress into problem or disordered gambling. Adolescents who develop gambling problems are also more likely to be involved in other forms of crime and delinquency, which presents additional challenges to their healthy development. In this presentation, Dr. Amanda McCormick will review the existing knowledge on adolescent gambling and criminal behaviours, present data on gambling participation among a sample of incarcerated juvenile offenders, and discuss the implications of this research for the prevention and treatment of problem gambling and gambling addiction amongst adolescent populations.

Let It Go, Just Let It Go

Kent Rader

The stress reduction keynote titled Let It Go, Just Let It Go is both entertaining and informative. Recent surveys report more than half of our employees hate their jobs. The number one reason cited is the stress associated with today's business environment. Having spent twelve years as CFO and CEO of Hospitals, Kent Rader has experienced this stress first hand. This keynote program takes participants on a journey they won't want to end. It begins by showing participants the origins of stressful feelings and how humor is a proven tool in combating these feelings. Kent offers practical ways to include more humor in your life, along with stories that are guaranteed to make you laugh.

The Healing Power of Presence

Chris Anderson, MS, LMFT, NCGCII/BACC, Director of the Gambling Recovery Center

Wagering is risking something of value on the (uncertain) outcome of an event – an event not in the past or present, but in the future. The 'fun, rush, or high' of gambling is a function of anticipation – of the outcome of a future event. Problem gamblers believe that 'all the good things in life are just around the corner after the big win is finally made' (GA Combo Book, p. 11) – that life for them is not in the Present, but at some point in the future. Peace, abundance, and fullness of life does not take place in the future (as wagering promises) but in the present moment. There is a healing power that manifests for us all when live fully into the Present. This presentation is about the journey out of the past and the future and into the fullness of the present moment.

Workshop Descriptions

Building the Bridge Between Formalized Treatment and Self-Help for Problem Gambling

Panel: Joe Barbera, Kathleen Carney, Rod Correa, Mara Mendecino

Research has shown that the most effective treatment for problem gambling is not just one modality - but instead a combination of both formalized 1:1 treatment paired with participation in a self-help group. Together, these supports offer both guidance on changing one's behavior as well as the network and peer support needed to make effective, lasting change. During this workshop, treatment administrators, individual counselors, and self-help participants will discuss the importance of understanding of how these two modalities can work together and why this relationship improves recovery outcomes for problem gamblers and families. The presenters will also share how they have made this relationship work in their daily lives and give tips on how to begin building these bridges in your practice or community.

Community Appeal: Assessing Opportunities and Threats to Providing Problem Gambling Services in Your Community

Dr. Amanda Burke, AOD Problem Gambling Prevention Specialist, Townhall II, Kent, Ohio, Assistant Professor, Kent State University, School of Social Sciences, Ohio

Problem gambling is often seen as a topic that is less important than other public health concerns. As such, gaining community support for, and awareness of, problem gambling services offered can be a daunting task. By considering the threats and opportunities to organizational successes that may exist in the communities served, problem gambling service providers can better target their efforts and resources. This session will explore the concept of environmental scanning. In addition, an example of a real-life scan will be shared with emphasis on the strategies used to meet the identified community needs.

Effects of Problem Gambling on Family Members

Rebecca Cooper, LCSW, Prevention Bureau, NYS Office of Alcoholism and Substance Abuse Services

Jim Maney, MA, Executive Director of the New York Council on Problem Gambling

Naomi Tague

Chris Tague

During this open dialogue workshop, two family members will share their personal experience and provide a message of hope and recovery.

Gaming and Gambling in 2018: Where are we?

Stelianos Canallatos, MA, Prevention Specialist, New York Council on Problem Gambling

Technology is rapidly changing the world of gaming and gambling, allowing for a more blended user experience. Many parents, teachers, and human service professionals are unaware of the gambling activities that exist in seemingly safe video games. Through lecture and group discussion, this interactive workshop will explore the most current trends in gaming - including esports - and the many gambling opportunities that exist in the gaming world. We will end the workshop with a discussion about what can be done to prevent the path from excessive gaming to problem gambling, specifically among youth.

Gambling Addiction and the Implications for Treatment in Custody

Amanda McCormick, University of the Fraser Valley, Centre for Public Safety and Criminal Justice Research

Until recently, the Diagnostic and Statistical Manual (DSM) classified pathological gambling as an impulse control disorder. The most recent version of the DSM (DSM-5) re-defined this diagnosis as an addictive behaviour. The introduction of 'gambling addiction' has implications for those working in correctional settings who have not traditionally been obligated to provide treatment for problem or pathological gambling in their custody. This presentation reviews the research evidence on problem gambling and gambling addiction within prison populations, the role gambling activities play as a form of leisure activity in prison settings, and the implications of the redefining of pathological gambling as a gambling addiction for prison officials.

Identity Theft Prevention and Mitigation Advice for Family Victims

Paula J. O'Brien, Esq., Acting Director, Division of Consumer Protection, NY Department of State, Terrence Byrd El, Division of Consumer Protection, NY Department of State

Many awareness campaigns and support services are targeted at individuals who are struggling with problem gambling, however, families are also greatly affected by this disorder. We are aware that family members can suffer mental and physical health problems due to someone else's gambling problem, but what about when a family's finances are in danger? This presentation will provide strategies to help loved ones protect their finances and identities, as well as to address these issues after they have been victimized. Participants will leave with concrete tools to help support loved ones of problem gamblers.

Interview with the Gambler: The Gambler Chronicles

Chris Anderson, MS, LMFT, NCGCII/BACC, Director of the Gambling Recovery Center

Individuals change when they 'confront' themselves, not when others (including clinicians) 'confront' them. The presenter believes that the goal of therapy is:

To help clients name the truth about themselves so that their own truth confronts their own lie;

To help clients live fully into the here-and-now reality of their lives in order to live into a sense of vision that calls them forth.

In this workshop, the presenter will demonstrate, through live interview of a gambler, a method of interviewing which helps the client/patient to 'name their own truth' in order to facilitate healing. The interview process serves to illuminate common issues that gamblers struggle with, and can directly and immediately benefit clinicians of all levels by dramatically increasing their level of effectiveness.

Wellness Center



Make sure to visit our on-site
conference wellness center
to destress and stay mentally strong
for the duration of the conference.



Laughter Matters

Kent Rader

This workshop is a continuation of the keynote Let It Go, Just Let it Go. Participants will learn how to develop their sense of humor, why self-deprecation is an important tool in connecting with clients and co-workers, and being careful sharing you humor because not everyone finds the same things funny.

Link Between Opioid Use and Problem Gambling

Dr. Loreen Rugle, PhD, ICGC-II/BACC, Assistant Professor in the Department of Psychiatry, University of Maryland

Clients in treatment for opioid use disorders, particularly those in medication assisted treatment have been found to have extremely high rates of co-occurring gambling disorder. This workshop will review the research on the co-occurrence of gambling disorder and opioid use disorder, focusing on both quantitative and qualitative research that has sought to understand this connection. Transcripts from clients in medication assisted treatment will be used to illustrate the role gambling plays in their lives and recoveries. Strategies for screening and treating gambling issues among those in treatment for opioid use disorders will be discussed.

New York's Statewide Voluntary Self-Exclusion Program by the Numbers

Carolyn Hapeman, M.A., Director of Responsible Gaming, NYS Gaming Commission

This presentation will offer a brief history of New York's Voluntary Self-Exclusion Program. We will also look at plans to expand the program into other gaming operations regulated by the State Gaming Commission and finish with a general look at who is taking advantage of this program designed to give gamblers a critical break from the action.

Organizational Culture: Making Room for Problem Gambling Services

Dr. Amanda Burke, AOD Problem Gambling Prevention Specialist, Townhall II, Kent, Ohio, Assistant Professor, Kent State University, School of Social Sciences, Ohio

Organizational culture involves the underlying beliefs, assumptions, values and ways of interacting that contribute to the overall work environment. Integrating problem gambling services into an organization may prove challenging, as the existing culture can reject the change. Failures and successes experienced by a nonprofit AOD treatment agency attempting to provide PG prevention and treatment services will be discussed. Examples of easy-to-implement strategies will be shared.

Providing Problem Gambling Services in an OASAS Certified Program

Jennifer Berg, Prevention Bureau, NYS Office of Alcoholism and Substance Abuse Services

Rebecca Cooper, LCSW, Prevention Bureau, NYS Office of Alcoholism and Substance Abuse Services

Megan O'Grady, Ph.D, Associate Director of Health Services Research, New York State

Janet Paloski, Certification Bureau Director, NYS Office of Alcoholism and Substance Abuse Services

Trisha Schell-Guy, Deputy Counsel, NYS Office of Alcoholism and Substance Abuse Services

This workshop will provide participants with an overview on how to provide problem gambling treatments services within any OASAS certified program including a review of the revised Part 857 Regulations, how to apply for a gambling designation, problem gambling LOCADTR and resources and support available for providing problem gambling treatment.

Recovery and a Wellness Mindset

Deborah Faust, Director of Family Engagement & Support Services & Co-Director of Building Connections at the Mental Health Association in New York State, Inc.

Amy Molloy, MSW, M.Ed., Director of the School Mental Health Resource and Training Center, Mental Health Association in New York State, Inc.

A “wellness mindset” begins with a holistic understanding of mental health and addiction as a continuum. Providers, consumers and supporters will benefit from this discussion focusing on a recovery process that is person-centered, strengths-based and relational in nature, with attention given to realistic expectations and whole family wellness. Join us as we challenge old belief systems that sometimes hinder the recovery process and focus on a “wellness mindset” for the individual and his/her supporters.

Sock It To Problem/Disordered Gambling Stigma

George Mladenetz, Treatment Coordinator, NJ Council on Compulsive Gambling

This workshop will enable you to develop a greater understanding of the powerful nature of inadvertent stigma which arguably is one of the greatest barriers to individuals receiving treatment and recovery support services within the gambling addiction, mental health and substance use disorder systems. Various types of stigma will be discussed as well as stigmatizing language which will be contrasted with “Language of Recovery” terms. Attendees will learn ways of combatting problem/disordered gambling stigma through stigma reduction initiatives and also learn how to “destigmatize” their workplace, thus reducing stigma as a barrier to service delivery for individuals experiencing problem/disordered gambling.

Using Recovery-Oriented Language to Support Empowerment and Transformation

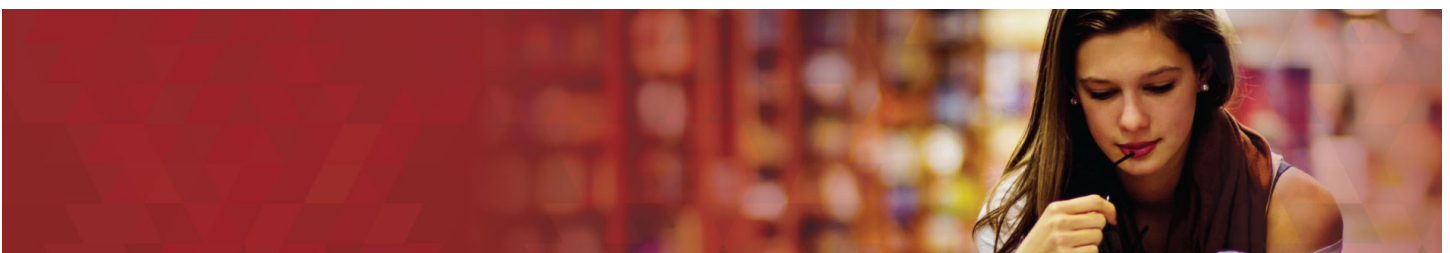
Perryn Dutiger, MSW, Training and Technical Assistance Facilitator, Hudson River Region, New York Association of Psychiatric Rehabilitation Services

This workshop will review the ethics and values relevant to a recovery-oriented system of care. Research studies will be identified that find that recovery from behavioral health conditions is possible and can be nurtured. Comparison will be made between the Traditional Medical Model and the Recovery Model. Participants will be introduced to practical ways of using recovery-oriented language, reframing labels and communicating choice and competence, to empower individuals towards recovery. These recovery-oriented methods are applicable to a diverse range of populations, and are helpful for working with individuals facing various mental health and addiction issues.

What Were You Thinking? Communicating With Teens About Problem Gambling

Matt Bellace, Ph.D

Problem gambling is an insidious disorder. The behavior may start out feeling like a fun, harmless distraction, but it can turn into to a compulsion that strains relationships, interferes with functioning at school or work and leads to financial ruin. The teenage brain is uniquely vulnerable to these types of addictive behaviors. The workshop will help prepare the participants to speak about current research on the developing brain and problem gambling. This workshop will also give participants an opportunity to ask specific questions about teen problem gambling in a supportive environment.



PREVENTION Suggested Workshops

Session 1

Sock it to Problem/Disordered Gambling Stigma

George Mladenetz, MA

Gaming and Gambling in 2018: Where are we?

Stelianos Canallatos, MA

Session 2

Effects of Problem Gambling on Family Members

Naomi Tague, Chris Tague, Rebecca Cooper, Jim Maney

Session 3

What were you thinking? Communicating With Teens About Problem Gambling

Matt Bellace, Ph.D

Organizational Culture: Making Room for Problem Gambling Services

Amanda Burke, Ph.D, CTRS, CHES

Identity Theft Prevention and Mitigation Advice for Family Victims

Paula J. O'Brien, Esq.

Session 4

Laughter Matters

Kent Rader

Community Appeal: Assessing Opportunities and Threats to Providing Problem Gambling Services in Your Community

Amanda Burke, Ph.D, CTRS, CHES

TREATMENT Suggested Workshops

Session 1

Interview with the Gambler: The Gambler Chronicles

Chris Anderson, MS, LMFT, ICGC-II/BAC

Becoming an OASAS Approved Problem Gambling Treatment Provider

Jennifer Berg, Connie Burke, Megan O'Grady, Ph.D, Janet Paloski, Trisha Schell-Guy

Session 2

Building the Bridge Between Formalized Treatment and Self-Help for Problem Gambling

Joe Barbera, Kathleen Carney, Rod Correa, Mara Mendecino

Gambling Addiction and the Implications for Treatment in Custody

Amanda McCormick, Ph.D

Session 3

Link Between Opioid Use and Problem Gambling

Loreen Ruggle, Ph.D

Organizational Culture: Making Room for Problem Gambling Services

Amanda Burke, Ph.D, CTRS, CHES

Session 4

Using Recovery Oriented Language to Support Empowerment and Transformation

Perryn Dutiger, MSW

RECOVERY Suggested Workshops

Session 1

Sock it to Problem/Disordered Gambling Stigma

George Mladenetz, MA

Session 2

Recovery and Wellness Mindset

Deborah Faust, Amy Molloy, MSW, M.Ed

Effects of Problem Gambling on Family Members

Naomi Tague, Chris Tague, Rebecca Cooper, Jim Maney

Session 3

Identity Theft Prevention and Mitigation Advice for Family Victims

Paula J. O'Brien, Esq.

Session 4

Laughter Matters

Kent Rader

Using Recovery Oriented Language to Support Empowerment and Transformation

Perryn Dutiger, MSW

Keynote Speaker Biographies



Christopher W. Anderson, MS, LMFT, ICGC-II/BACC (catex6@icloud.com)

Chris is a Licensed Marriage and Family Therapist (LMFT) in practice for 39 years, an International Certified Gambling Counselor, Level II (ICGC-II), Board Approved Clinical Consultant (BACC). For the past 30 years, his area of specialization has been treating addicts and their families, specifically gambling, sex addiction, and substance abuse - from primary intervention through long-term recovery. In addition to his clinical practice, he has conducted over 100 advanced clinical trainings in the United States and Canada as well as served as keynote speaker at numerous state and international conferences. He has been retained as a forensic expert in over 50 legal cases, in both state and federal court, with respect to gambling and gambling related issues, has been influential in the passage and implementation of both state and federal initiatives regarding pathological gambling, and has appeared on numerous radio/television shows and documentaries related to gambling addiction. He has served as a consultant to financial firms, family businesses, and addiction treatment programs. In October 2015, he moved from Illinois back to his home state of Texas, where he has opened an office in Austin. In addition to his practice in Austin, Chris provides consultation, supervision, and treatment services around the country via phone and video conferencing.



Matt Bellace, Ph.D (matt@mattbellace.com)

For over two decades, Matt Bellace has been a neuropsychologist, professional speaker and stand-up comedian. His programs encourage over a hundred thousand people each year to choose healthy natural highs (e.g. laughter, exercise and meditation) over unhealthy highs (e.g. gambling, alcohol and other drugs) and to be resilient in the face of stress.

Dr. Bellace has a Ph.D. in clinical neuropsychology, which is the study of the brain and behavior. He worked at the National Institutes of Mental Health, and completed his internship at the traumatic brain and spinal cord units at The Mount Sinai Medical Center in New York City. His dissertation focused on the neurological underpinnings of emotional memory. He's the author of the book, *A Better High*, a contributing author for the National Geographic Kids and was a recurring comedian on truTV's "World's Dumbest." For seven years, he performed stand-up comedy in clubs and colleges across the country, including appearances at Caroline's on Broadway and the Just For Laughs Festival in Montreal. As an undergraduate at Bucknell University, Matt founded a student prevention organization named C.a.l.v.i.n. & H.o.b.b.e.s. Over 25 years later, it is the oldest student group on campus, providing substance-free events every weekend of the school year. In 1995, the trustees of Bucknell approved funding to refurbish a former fraternity house for the group to reside. U.S. News and World Report heralded the move, noting, "How times have changed." Bucknell President, William "Bro" Adams referred to the group as "revolutionary." He currently lives in Princeton, NJ and enjoys pursuing natural highs with his wife and two children.



Amanda V. McCormick, Ph.D (amanda.mccormick@ufv.ca)

Dr. McCormick is the Director of the School of Criminology and Criminal Justice at the University of the Fraser Valley, an Associate Professor, and a Research Associate with the Centre for Public Safety and Criminal Justice Research. She is the co-investigator on two longitudinal evaluations of the Voluntary Self-Exclusion program in British Columbia and has authored or co-authored numerous reports, publications, and presentations on problem gambling. Her research interests include problem and pathological gambling, policing, intimate partner violence, and serious and violent juveniles.



Kent Rader (kent@kentraderspeaks.com)

Known as the "World's Cleanest Comedian and Speaker," Kent Rader helps people and associations learn and experience how laughter matters in reducing stress and building quality organizations. Kent graduated from William Jewell College in Liberty, Missouri with a B.S. in Accounting. He survived five years in public accounting and twelve years as C.F.O. and C.E.O. of hospitals before becoming a professional speaker in 1997. Kent has authored the stress reduction book titled Let It Go, Just Let It Go and co-stars with Jan McInnis in the Baby Boomer Comedy Show, Clean Comedy for People Born Before Seat Belts, Safety Helmets, and Facebook.

He has been heard on NPR's Talk of the Nation, Sirius Satellite radio. Kent is the winner of the Branston Comedy Festival and has been seen on Comcast's comedy show, Who's Laughing Now. His clean, stand-up comedy DVD-CD titled Kent Rader: The Grand Wizard of Comedy was released on August 11, 2014.



LEAF Council on Alcoholism and Addictions

Each year LEAF provides the art work and organizes the art displayed at the NYCPG Annual Conference. Please be sure to visit the LEAF art exhibit at the 2018 NYCPG Annual Conference. It is with great appreciation that we recognize LEAF and their staff for their ongoing support and focus on recovery and problem gambling at our conference.

Workshop Presenter Biographies

Joe Barbera (beeb207@gmail.com)

Joe worked on Wall Street for 25 years. He was part of the research group, Stock Record and most recently Vice President in Corporate Actions (Mergers and Acquisitions). He served on the executive board and worked directly with the SIA in resolving issues that pertain to customer susceptibility. He was elected as New York Intergroup Chairman of The NYC Chapter of GA for Two terms and is currently the Public Relations Chair and the Hotline coordinator. He has been clean from gambling addiction since April 1st, 2004 and is dedicated to reaching out and helping gambling addicts who still suffer.

Amanda Burke, Ph.D, CTRS, CHES (ajburke@kent.edu)

Dr. Amanda Burke works as an AOD-Problem Gambling Prevention Specialist at Townhall II, a nonprofit social service agency located in Kent, Ohio. Simultaneously, Burke functions as an assistant professor at Kent State University in the School of Health Sciences. She holds dual national certifications serving as a Certified Health Education Specialist and a Certified Therapeutic Recreation Specialist.

Connie Burke (constance.burke@oasas.ny.gov)

Connie is a Research Scientist at the New York State Office of Alcoholism and Substance Abuse Services. She works with federal, state and county level stakeholders on the implementation and evaluation of state policies and initiatives related to behavioral health and system integration.

Open GA & GAMANON Meetings

During each day of the main conference, attendees will have the opportunity to witness and participate in an open GA & GAMANON meeting. These meetings will be held at separate times during the day to ensure everyone has an opportunity to experience each meeting.

Attending these open meetings offers those in recovery a sanctuary from the possible triggers of the conference experience, as well as an opportunity for clinicians to gain a first hand experience to describe, for any clients that may be interested, what they may experience in a 12-step fellowship as part of their treatment plan.



Jennifer Berg, BS, CASAC (jennifer.berg@oasas.ny.gov)

Jennifer is an Addiction Program Specialist 2 at the New York State Office of Alcoholism and Substance Abuse services, where she has been for over 11 years. She acts as the Coordinator of Problem Gambling Services for New York State through the Office of Alcoholism and Substance Abuse Services. In this capacity she oversees problem gambling services for the state which includes treatment, prevention, and recovery. Additionally, through the Bureau of Prevention, she provides technical support for prevention providers in the northeastern region of the state and oversees various prevention related initiatives. She has a Bachelor of Science from SUNY Oneonta and has a wide range of clinical, case management and administrative experience working with substance abuse, developmental disabilities, problem gambling and healthcare.

Stelianos Canallatos, MA (scanallatos@nyproblemgambling.org)

Stelianos is the Prevention Specialist for the New York Council on Problem Gambling (NYCPG), where he is responsible for prevention program assessment, planning, and evaluation; contract management for the YOU (th) Decide project; and raising public awareness of problem gambling through printed and electronic media efforts across NYS. Prior to NYCPG, Stelianos worked as a prevention professional for more than 10 years focusing on topics such as problem gambling, substance abuse, domestic violence, and sexual assault. Stelianos received his Master of Arts in Leadership Development and Administration from the State University of New York College at Plattsburgh.

Kathleen Carney, LMHC, QPGP, Ch.T (kcarney@lexingtonctr.org)

Kathleen is a Licensed Mental Health Counselor and holds a master's degree in Mental Health Counseling. She also is a Qualified Problem Gambling Professional, a certified hypnotherapist and has a certificate in Complementary and Alternative Medicine. She currently works as a Program Director of Lexington Center for Recovery, Airmont Clinic overseeing the Day Rehabilitation program, non-intensive outpatient clinic, and the gambling clinic. As a therapist, Kathleen has a passion for helping people transform the pain or confusion in their lives into peace and happiness through compassion. Kathleen has specialized for the last 10 years in the treatment of Co-Occurring Disorders with interest in the comorbidity of gambling, addictions and dual diagnosis. Kathleen utilizes an eclectic blend of treatment techniques tailored to the client's needs. Her

Problem Gambling Treatment Providers Clinical Supervision

The New York Council on Problem Gambling (NYCPG) is pleased to once again offer free Clinical Supervision to Problem Gambling Treatment Providers in New York State. Whether you are a CASAC-G or other credentialed provider currently working with problem gambling clients, or you are working toward your specialty designation, these sessions can provide you with the support you need.

SUPERVISOR: LOREEN RUGLE, Ph.D.

Dr. Rugle is a speaker at this year's Annual Conference on Problem Gambling. Read her biography, above.

To register for your session(s) please visit our website at:
<http://nyproblemgambling.org/training/counselors/free-clinical-supervision/>

Supervision is available to professionals outside of NYS for a fee of \$15 per session. Please contact Mariangela Milea, Assistant Executive Director at mmilea@nyproblemgambling.org for more information.

greatest joy is to help her clients understand their problems as stepping stones to growth and awakening. Kathleen is the President of the Rockland County Chapter of NYMHCA, New York Mental Health Counseling Association. She is a Mom to twin daughters who will be starting their senior year in college.

Rod Correa (rcorrea@lexingtonctr.org)

Rod graduated from the High School of Art and Design in New York City. Majoring in Advertising/Illustration. Studied Graphic Design in the School of Visual Arts in New York City. He spend 40 years in the advertising industry in conceptual development and director of photography. As business dwindled and losing a close friend to cirrhosis of the liver around the same period, Rod was introduced to substance abuse counseling. He attended Lehman College, in the Bronx, in the CASAC studies. In 2010 upon completing the course and getting my CASAC-T, and joined the Lexington Center for Recovery, in Westchester County. While there, Rod received his CASAC certificate and began working with substance abuse clients. In 2012, while at the Lexington Center for Recovery, he was offered an opportunity to develop a gambling program. Since then to present, Rod was been working solely with gambling clients. He conducts individual counseling treatment, runs an evening gambling support group, provides education on problem gambling to treatment and education facilities and mental health clinics throughout Westchester County.

Perryn Dutiger, MSW (perrynd@nyaprs.org)

Perryn has varied experience providing services for individuals and groups in the fields of Domestic Violence, Inpatient Psychiatric care, Recovery Support Center, and Community School-based services. For the past 8 years, she has been a community speaker for the National Alliance on Mental Illness (NAMI), providing presentations for a variety of audiences across Rockland County for the purposes of breaking the stigma surrounding mental illness, and promoting hope and the reality of recovery. In 2012, she was granted NAMI Rockland's "Young Leader of Tomorrow" award. Through her work with NYAPRS, Perryn currently provides training presentations to behavioral health organizations throughout the Hudson River Region of New York in order to promote recovery-oriented, trauma-informed, and culturally competent care. Much of Perryn's personal and professional life has been devoted to the exploration of holistic and integrative methods of transformation, as well as mind-body approaches to healing. She is passionate about bringing recovery-oriented approaches to individuals, groups, and systems in order to facilitate empowerment, self-discovery and culture change. Perryn received her MSW from Hunter College, Silberman School of Social Work, and holds a Bachelor's degree in Political Science and Psychology from Purchase College.

Deborah Faust (dfaust@mhanys.org)

Deborah is the Director of Family Engagement and Support Services and Co-Director of Building Connections at the Mental Health Association in New York State. Deborah's career has centered on working with families in crisis. Deborah receives hundreds of calls a year from families and in 2009, the New York Association for Psychiatric Rehabilitation Services awarded Deborah the Family Advocacy Award at their legislative conference. Ms. Faust is an advanced level facilitator of WRAP (Wellness Recovery Action Plan), a certified instructor in Youth and Adult Mental Health First Aid and Public Safety Mental Health First Aid.

Carolyn Hapeman, M.A. (carolyn.hapeman@gaming.ny.gov)

Carolyn is a veteran Communications professional employed by the New York State Gaming Commission where she serves as the Director of Responsible Gaming. In that role, Hapeman has helped the Commission achieve many milestones, including the introduction of New York's Responsible Play Partnership linking the Commission's broad regulatory powers with the programming excellence of the NYS Office of Alcoholism and Substance Abuse Services and the community outreach skills of the New York Council on Problem Gaming to raise awareness of Problem Gambling and draw attention to available prevention and treatment services

statewide. She also directed the re-launch of New York’s “We Check ID!” underage gaming prevention initiative now in use at over 98 percent of the Lottery’s 17,000-member retailer network statewide. In addition, she helped develop New York’s underage gaming penalty structure now in use at all properties and entities licensed by the Commission. Hapeman supervised the successful roll out of New York’s statewide voluntary exclusion program offering gamblers an opportunity to bar themselves from all gaming properties and entities licensed, permitted or registered by the Commission. The blanket concept has earned accolades from the National Council on Problem Gambling for being the “broadest program of its kind in the nation.” In addition to her current work responsibilities, Hapeman is pursuing a Certificate in Public Administration at the University at Albany’s Rockefeller College of Public Affairs and Policy.

James Maney, MA (jmaney@nyproblemgambling.org)

James has been passionate about raising awareness about problem gambling and getting help to those in need for over 30 years. He has been leading the discussion on problem gambling through speaking and educating professionals and community members across the nation, and testifying in front of the New York State Legislature on many occasions supporting and urging for policies to help those adversely affected by problem gambling. As the Executive Director of the New York Council on Problem Gambling for the last 18 years, he has helped increase awareness and education about problem gambling, and has been a strong proponent for increasing services available to those adversely affected by problem gambling across New York State. Before leading the council, he was the Director of the Center for Problem Gambling, and worked as a treatment clinician helping clients find hope and happiness in recovery from problem gambling.

A graphic consisting of several overlapping, semi-transparent dark red rectangular shapes of varying sizes, creating a layered effect. The text "Training Center" is written in white, bold, sans-serif font across the middle of these shapes.

Training Center



Home Study Courses

The New York Council on Problem Gambling (NYCPG) offers specialized training for providers of problem and compulsive gambling services, substance abuse treatment centers, mental health service providers, and other interested health care providers.

All NYCPG trainings satisfy the New York State Office of Alcoholism and Substance Abuse Services (OASAS) requirements for Credentialed Alcoholism and Substance Abuse Counselor (CASAC) and Credentialed Prevention Provider (CPP) with gambling specialty designation clock hours. Our OASAS Education and Training Provider Certificate number is 0367.

All NYCPG trainings have been approved by the National Council on Problem Gambling for Continuing Education Units.

All New York Council on Problem Gambling Training Institute faculty members are certified professionals with demonstrated expertise in their training area. For more information on specific trainings please visit:

<http://nyproblemgambling.org/training/counselors/>.

Classes include:

[CPP-G 30 Hour Certificate Program](#)

[CASAC-G 60 Hour Certificate Program](#)

[10 Hour PG Recredentialing Course](#)

and [more!](#)

Mara Menedicino (mmendecino@lexintgonctr.org)

Mara is a Certified Alcohol and Substance abuse counselor with a specialty in Gambling Disorder. She is also a Substance Abuse Professional for Clarkstown, NY, and is a board member of the New York Counsel on Problem Gambling. Mara holds a Life Coach Certificate toward helping folks with life stressors and motivating them toward a life that brings them happiness. Mara has been working for Lexington Center for Recovery for the last 10 years. She is a counselor, helping men and women who struggle with substance abuse. She also runs the gambling program in Rockland County, including helping gamblers, and their family members, toward education, prevention, and understanding how gambling can negatively affect their lives, and the lives of their families. Mara is compassionate and caring and enjoys spending time with family and friends. She has been married for almost 30 years to her high school sweetheart, had 2 beautiful daughters who just completed college and grad school.

George Mladenetz, MA (george.mladenetz@800gambler.org)

George has worked in the addictions and mental health fields for over 35 years within the NJ Division of Mental Health and Addiction Services. George possesses a Master's degree in Counseling from The College of NJ. He has been licensed as a Clinical Alcohol and Drug Counselor since 2005 and has been an International Certified Gambling Counselor-II since 2015. As Treatment Coordinator for CCGNJ, George monitors the operations of 7 treatment providers who serve problem/disordered gamblers and family members. George's experience in gambling addiction helped him realize stigma is often seen as a barrier keeping individuals from seeking treatment.

Amy Molloy, MSW, M.Ed. (amolloy@mhanys.org)

Amy is the Director of the School Mental Health Resource and Training Center established by the Mental Health Association in New York State, Inc. (MHANYS) to help schools comply with the mental health education in schools law (July 2018). Amy is honored to serve as a member of the Queensbury Union Free School District's Board of Education, as well as a member of the Warren County Community Services Board and the Warren-Washington Association for Mental Health Board of Directors. She is also a certified trainer in Mental Health First Aid, Youth Mental Health First Aid and several suicide prevention programs, including safeTALK and ASIST.

Paula J. O'Brien, Esq. (paula.obrien@dos.ny.gov)

Paula joined the former NYS Consumer Protection Board in 2008 as the Board's Legislative Counsel. In that capacity, she developed consumer protection policies, drafted and negotiated legislation, and interpreted laws for the Board. During the 2011 State government efficiency referendum the Board was eliminated. Subsequently, its staff and functions were created within the Department of State as the Division of Consumer Protection. Since then Paula served as Counsel to the Division of Consumer Protection until she was appointed this April to serve as Director of the Division of Consumer Protection. In this capacity, she oversees the enforcement of the Do Not Call law, consumer complaint mediation efforts, and assists in the development of State consumer protection programs and policies, which includes the Identity Theft Prevention and Mitigation Program. Ms. O'Brien, a graduate of Albany Law School, is a practicing attorney admitted to the bar in New York State, the Commonwealth of Massachusetts and the State of Connecticut.

Megan O'Grady, Ph.D (mogrady@centeronaddiction.org)

Dr. O'Grady is Associate Director of Health Services Research and Research Scientist at Center on Addiction in New York. She is an applied social psychologist who aims to understand best practices in implementing models of care for the integration of physical and behavioral health as well as making science-based improvements in the addictions treatment system of care. Dr. O'Grady has partnered with interdisciplinary teams to develop technology solutions for addictions prevention and treatment, such as the LOCADTR 3.0

and the SBIRT for Healthcare Professionals iPad app. Dr. O’Grady received her PhD in Applied Social Psychology from Colorado State University. She also trained as a post-doctoral research fellow at the University of Connecticut Medical School’s Alcohol Research Center. Prior to becoming a psychologist, Dr. O’Grady worked for several years in mental health and addiction treatment agencies in direct service capacities. She is currently a co-investigator on two NIH-funded research studies examining integrated care and provides evaluation and technical assistance on two SAMHSA-funded demonstration projects on innovative treatment models for opioid use disorders in partnership with New York State. She is a member of the New York State SBIRT/Integrated Care Policy Advisory Committee. In her work, Dr. O’Grady collaborates with interdisciplinary teams in healthcare systems, community-based agencies, governments, and academic institutions and has published over 20 peer-reviewed journal articles in the behavioral sciences field.

Janet Paloski (janet.paloski@oasas.ny.gov)

Janet has been employed by the NYS Office of Alcoholism and Substance Abuse Services since 1998 and has served as the Director of the Bureau of Certification since December 2010. She oversees the review of Certification Applications for existing programs to expand or amend their services, and for new applicants wishing to become newly certified. Ms. Paloski is also responsible for issuing renewed, amended and new establishment operating certificates, as well as implementing new OASAS certification initiatives, such as ancillary withdrawal, tele-practice and Part 820 residential redesign. Ms. Paloski serves on various inter and intra Agency workgroups including Integrated Outpatient Services which promotes integration of services with SUD, mental health and/or physical health. She recently led the Bureau through a Lean efficiency project which significantly reduced application processing time and increased provider satisfaction with the certification process.

Loreen Rugle, PhD, ICGC-II/BACC, (lrugle@hotmail.com)

Dr. Rugle is Assistant Professor in the Department of Psychiatry, University of Maryland. She is currently Responsible Gambling Specialist with the North American Association of State and Provincial Lotteries and is Special Projects Consultant with the Maryland Center of Excellence in Problem Gambling. Her previous position was Director of Problem Gambling Services with the Department of Mental Health and Addiction Services for the State of Connecticut. Dr. Rugle brings 30 + years of experience in the field of problem gambling including treatment, prevention, research and responsible gambling to her current positions. She has managed problem gambling programs within the Veterans Administration, in the private sector and within state systems. She has participated in research on brief screening for gambling problems, as well as a broad range of other problem gambling related research projects. She has provided consultation and training on gambling disorder throughout the United States, for the military and internationally.

Trisha Schell-Guy (trisha.schell-guy@oasas.ny.gov)

Trisha is Deputy Counsel for the NYS Office of Alcoholism and Substance Abuse Services where she provides legal and policy making support to the General Counsel and agency Executive staff. Her areas of focus include Health Care Law, Medicaid, Insurance, Compliance, and Administrative Law. She has served in leading roles on many major projects including NY States Behavioral Health Redesign initiatives involving the integration of physical and behavioral health, moving the substance use disorder benefits into managed care for the state’s Medicaid enrollee’s, and expansion of the state’s Substance Use Disorder benefits. Mrs. Schell-Guy has co-authored an article on Confidentiality and patient issues related to the sharing of substance use disorder treatment information for the Health Law Journal of the NYS Bar Association and has made numerous national and local presentations on issues pertaining to prevention, treatment and recovery issues impacting New Yorkers and the states system of care. Ms. Schell-Guy resides in Glenmont, New York with her husband, two children and several pets.

The New York Council on Problem Gambling
would like to extend a special thank you to the

*New York State Office of
Alcoholism and Substance Abuse Services*

for their ongoing support in sponsoring the
2018 NYCPG Annual Conference
on Problem Gambling

NYCPG List of Resources

The New York Council on Problem Gambling is proud to bring you the following resources.

For more information on NYCPG resources please visit nyproblemgambling.org



New York Council on Problem Gambling

NYProblemGambling.org

NYCPG's main website for



KnowTheOdds.org

Website aimed at NYS as a whole to raise awareness



YOUthDecideNY.org

Website intended for youth, community leaders and parents who want to prevent underage



DontBetYet.org

Website and video resource for parents of, and, 9-12 year olds (video & resources specific to



NYRGHub.org

Website intended for industry professionals.



NYPGTP.org

The Problem Gambling Training Partnership is a statewide initiative to provide training on assessment and treatment of gambling disorder to social workers, mental health counselors, marriage and family



We would like to thank you for joining
us at our 2018 NYCPG Annual
Conference On Problem Gambling.

We hope to seeing you next year!

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