2017 NYCPG Annual Conference on Problem Gambling

Readiness and Collaboration in a Time of Change

November 15-17, 2017
Marriott Hotel Albany, New York
# Conference Agenda

## Wednesday, November 15, 2017

<table>
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<tr>
<th>Time</th>
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| 3:00pm – 5:00pm | Preconference Session  
Gaming and Gambling: Recognizing the Problem, Understanding the Transition, and Crafting a Response |

## Thursday, November 16, 2017

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<tr>
<th>Time</th>
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<tr>
<td>8:00am – 9:00am</td>
<td>Registration and Refreshments</td>
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| 9:00am – 9:30am | Conference Welcome  
Steve Block, President, Board of Directors, New York Council on Problem Gambling  
Sean Byrne, Executive Deputy Commissioner, NYS OASAS  
Ronald Ochrym, Executive Director, NYS Gaming Commission |
| 9:30am – 10:30am | Keynote: The Latest App-etites in the Gambling World, Julie Hynes M.A., CPS |
| 10:30am – 10:45am | Movement Break                                                        |
| 10:45am – 11:45am | Workshop Session 1  
- **Gambling App-etites: Trends, Concerns and What We Can Do**—Julie Hynes  
- **Tips, Tidbits, and Techniques to Achieve Financial Recovery Goals for Disordered Gambling**—Dr. Kayte Conroy  
- **The Efficacy of Cognitive Motivational Behavioral Therapy (CMBT) for Gambling Disorder**—Dr. Edelgard Wulfert  
- **Family Dynamics: Its Relevancy to the Gambler’s Treatment and Recovery**—Linda Berman |
| 11:45am – 12:15pm | OPEN GA Meeting or Meet the Conference Speakers                       |
| 12:15pm – 1:15pm | LUNCH                                                                |
| 1:15pm – 2:15pm | Keynote: The Impact of Gambling Disorder on Physical Health, Tim Fong M.D. |
| 2:15pm – 2:30pm | Movement Break                                                        |
| 2:30pm – 3:30pm | Workshop Session 2  
- **Engaging Youth in Problem Gambling Prevention and Recovery Efforts**—Elizabeth Toomey, DJ Rhodes  
- **Our Stories Have Power: Recovery Community Messaging**—Ruth Bowles  
- **A Budding Issue: Marijuana and Gambling**—Dr. Timothy Fong  
- **NYS Youth Development Survey Data on Youth Gambling**—Dr. Deborah Chapin, Jennifer Berg |
| 3:30pm – 4:00pm | OPEN GamAnon Meeting or Meet the Conference Speakers                  |
| 4:15pm – 5:15pm | *OPTIONAL EVENT* FREE YOGA class for all levels!                      |
## Conference Agenda (cont.)

### Friday, November 17, 2017

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Keynote Descriptions

It’s Not a Crisis-It’s an Inconvenience! The Art and Science of Change
Stephen Birchak, Ed.D., Professor of Counseling, The College of Saint Rose
As life changes, our ability to adapt may change as well. We tend to gravitate toward pleasure as a replacement for long-term joy. Altering our perceptions of our roles in relationships and learning to collaborate are our most important skills. As tension escalates in the world we have many more opportunities to escape and develop addictions to gambling, substances, and instant pleasure. Dr. Bird will explore strategies for de-escalating our own tension and then passing those skills on to individuals struggling with addiction.

The Craving Mind: From Cigarettes to Smartphones to Slot Machines, the Mechanisms Underlying How Mindfulness Helps Change Habits
Judson Brewer, M.D, Ph.D., Director of Research at the Center for Mindfulness, University of Massachusetts Medical School
In 2014 the cover of Time magazine declared a “mindful revolution” due to its growing popularity and growing body of research suggesting that mindfulness may help to treat a number of health-related problems from general stress to anxiety to addiction. However, little is known about the underlying mechanisms of how it works. Drawing on his clinical work, research studies and development of next-generation therapeutics for habit change, Dr. Brewer will discuss the underlying behavioral and neurobiological mechanisms of why habits are formed and how mindfulness can paradoxically tap into these very processes to uproot them. He will also discuss how we can apply these insights to our own lives and interactions with others both professionally and personally.

The Impact of Gambling Disorder on Physical Health
Timothy W. Fong, M.D., Director of Addiction Psychiatry Fellowship, Co-Director of Gambling Studies Post-Doctoral Fellowship, School of Medicine at UCLA
Gambling disorder can have a significant impact on physical health, including consequences on sleep, cardiovascular functioning, memory and other stress-related illnesses. This keynote will review the current state of knowledge around how gambling disorder impacts physical health and vice versa. Emphasis will be placed on encouraging treatment providers to discuss physical health and self-care as part of the comprehensive treatment plan for gambling disorder patients. Office-based treatment techniques and strategies to promote exercise, weight loss, health maintenance and positive self-care will be emphasized and reviewed.

The Latest App-etites in the Gambling World
Julie Hynes, Coordinator of the Problem Gambling Prevention Program, PreventionLane
New apps and types of gambling come about almost continuously. Keeping up with digital gaming/gambling trends can be overwhelming and exhausting for many in problem gambling and addictions professions. In this workshop, we look at an overview and key concerns of some of the latest trends in the online gaming world, and how the lines often are blurry between what is gaming and what is gambling.
**Workshop Descriptions**

**A Budding Issue: Marijuana and Gambling**  
*Timothy W. Fong, M.D., Director of Addiction Psychiatry Fellowship, Co-Director of Gambling Studies Post-Doctoral Fellowship, School of Medicine at UCLA*  
This workshop will discuss the current landscape of how cannabis and gambling behavior interact. Clinical cases and real-life scenarios of how marijuana and gambling interact with each other will be described. Data taken from California Gambling Education and Treatment Services Program (CalGETS) will spotlight these relationships. Emphasis will be placed on understanding how legalization of marijuana is likely to impact gambling and gambling disorder in a variety of settings, from gaming venues to the treatment clinic. Lastly, clinical guidance will be offered to review best treatment practices on how to manage cannabis use disorders and gambling disorder.

**Building Capacity for Problem Gambling Prevention in Rural Areas**  
*Rachel Truckenmiller, Ed.S., Associate Executive Director, HFM Prevention Council*  
How do you get your problem gambling message out when you have no billboards, no local television or radio stations and just one weekly newspaper? Rural areas come with unique challenges when it comes to promoting your problem gambling prevention message. This workshop will explore different ways to connect and advocate with people in your community to build the capacity you need to effectively promote problem gambling prevention. This workshop will also present non-traditional media methods and talk about the importance of capacity building in sustaining your efforts.

**Effective Outreach Through the Use of Media—Traditional and Not So Traditional**  
*Bruce Kelly, Coalition Coordinator for Coalitions That Care, The Prevention Council of Putnam*  
Bruce will give hands on advice on how to make underage gambling prevention efforts a visible and viable part of the community fabric. From paid media such as billboards and newspaper ads, to earned media such as letters to the editor and tv interviews, you will learn how to best utilize the contacts you already have to get the word out.

**Engaging Youth in Problem Gambling Prevention and Recovery Efforts**  
*Elizabeth Toomey, Prevention Education and Information Services Team Leader, Prevention Network*  
*EJ Rhodes, Family and Youth Specialist, New York State Office of Alcoholism and Substance Abuse Services*  
In this workshop we’ll examine why we are sometimes hesitant to hand the reins over to youth and young adults, and why it’s so important to do just that for effective underage gambling prevention and recovery efforts. Topics to be covered include youth and young adult development, engagement vs. involvement, meeting youth where they are at, and guiding youth into leadership positions. Practical examples and tools will be shared!

**Family Dynamics: Its Relevancy to the Gambler’s Treatment and Recovery**  
*Linda Berman, CSW, Private Treatment Practitioner, former Director of the Compulsive Gambling Program and Addiction Center of the Westchester Jewish Community Center*  
This clinical presentation will focus on family dynamics, in particular to how the family manages issues of time, money and emotions. These issues will be discussed as they relate to the engagement and treatment planning for the gambler and their family members.

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**Speaker Biographies: pages 12-16**
Workshop Descriptions (cont.)

Gambling App-etite: Trends, Concerns, and What You We Can Do
Julie Hynes, Coordinator of the Problem Gambling Prevention Program, PreventionLane

This workshop will cover in more depth the issues discussed in the keynote, “The Latest App-etites in the Gambling World.” We will cover recent trends, concerns and legality of internet gaming trends such as daily fantasy sports, esports, and other internet-based games. We will then talk about what each of us can do to help address concerns, not just as prevention and treatment specialists, but as community and family members.

Gambling Disorder and Medications Management: Practice Recommendations
Mayumi Okuda, M.D., Assistant Attending, Columbia University Medical Center

Gambling Disorder is now widely recognized as an important public health problem associated with substantial personal and social costs, poor physical health, and elevated suicide rates. Furthermore, Gambling Disorder presents high rates of psychiatric comorbidity. Among individuals with a diagnosis of Gambling Disorder, 50% have also had a mood disorder, 41% an anxiety disorder, and 61% a personality disorder in their lifetime. In terms of substance use disorders, 73% of individuals with Gambling Disorder have an alcohol use disorder, 38% a drug use disorder and 60% have a diagnosis of tobacco use disorder in their lifetime. Several studies have examined the use of medications for the treatment of gambling disorder. This workshop will summarize evidence from open label and randomized controlled trials examining the use of medications to treat Gambling Disorder. Participants are introduced to different case studies that illustrate the current treatments for Gambling Disorder, their mechanism of action, and how they target treatments. Finally, this workshop provides a platform for discussion of future directions in treatment.

New York State Youth Development Survey Data on Youth Gambling: A Look At Gambling Behaviors, Substance Abuse, and Risk and Protective Factors
Deborah Chapin, Ph.D., State Partnership for Success Project Data Coordinator, New York State Office of Alcoholism and Substance Abuse Services
Jennifer Berg, B.S., CASAC, Addiction Program Specialist 2, New York State Office of Alcoholism and Substance Abuse Services

In 2014-2015, the New York State Office of Alcoholism and Substance Abuse Services (OASAS) conducted a survey of 13 New York State school districts, both middle schools and high schools, using the Youth Development Survey. The survey gathered information on student alcohol and drug consumption, gambling behaviors, age of onset, perceptions of parent approval, and factors associated with risk and protection in their lives. In this presentation, discussion will focus on these statistics and how their interconnections influence the participation of youth in these risky behaviors. Dialog will comprise ways to use this information to form gambling prevention programs.

We welcome you to visit the 2017 YOU(th) Decide ART SHOWCASE
See the youth artwork from across NYS aimed at raising awareness of the risks of underage gambling at the 2017 NYCPG Annual Conference on Problem Gambling.
Workshop Descriptions (cont.)

Our Stories Have Power: Community Recovery Messaging  
*Ruth Bowles, CPP-G, CARC, Executive Director of the Rockland Council on Alcoholism and Other Drug Dependence, Inc.*

Recovery messaging changes the language from how public perception see people in active addiction or recovery addiction. This message will help address addiction as a public health issue, eliminate barriers, reduce stigma and develop a non-punitive non-judgmental language.

Strategies for Starting the Conversation: Developing and Implementing a Problem Gambling SBIRT (Screening, Brief Intervention and Referral to Treatment)  
*Loreen Rugle, Ph.D., Director of the Maryland Center for Excellence in Problem Gambling, University of Maryland*

Research evidence has been accumulating indicating that unidentified problem gambling contributes to increased treatment costs and decreased treatment effectiveness across behavioral and general health care settings. This presentation will review the most commonly employed, evidenced-based brief problem gambling screening instruments currently in use. Research based as well as clinical evidence will be used to discuss pros and cons of screening strategies and to recommend an effective screening, brief intervention and referral process.

The Efficacy of Cognitive Motivational Behavioral Therapy (CMBT) for Gambling Disorder  
*Edelgard Wulfert, Ph.D., Dean of College of Arts & Sciences, University at Albany*

The workshop will focus on the use of a motivationally-enhanced cognitive-behavioral approach, termed CMBT, for treating individuals with gambling disorder. The workshop will cover the theory and research behind the development of CMBT and provide an overview of its treatment components that are comprised of motivational interviewing, cognitive interventions, behavioral approaches and relapse prevention techniques. The importance of building a social support network in the recovery process will be emphasized.

The Power of Positivity and Resiliency in Recovery from Problem Gambling  
*Stephen Birchak, Ed.D., Professor of Counseling, The College of Saint Rose*

Changing a destructive habit is one of the most challenging and difficult tasks in life. Habits may be deeply embedded in personality and long-standing routines. Very few individuals are capable of solving serious addictions on their own. Dr. Bird will compare success rates of individuals who attempt to overcome addictions by themselves or within a group. Dr. Bird will also discuss how each of us may be unaware of how we are maintaining habits and why our attempts fix our habits fall short.

FREE Yoga class intended for all levels  
Join us for a relaxation yoga class on Thursday, November 16 to relax after a long day of workshops and networking.
Tips, Tidbits, and Techniques to Achieve Financial Recovery Goals for Disordered Gambling
Kayte Conroy, Ph.D., Clinical Assistant Professor, University at Buffalo

Setting financial goals for disordered gambling issues can include unique options and considerations. This workshop will present an overview of various ways a gambler and their family or partner can understand the value system, underlying beliefs, and expectations around money and debt. Learning healthy ways to spend and save, as well as the role of “bailouts” and budgets during recovery will be discussed.

Trauma and Gambling Disorder: An Overview
Rachel Lauria, Project Coordinator, HFM Prevention Council

In this workshop we will talk about the Adverse Childhood Experiences study and how these experiences put people at risk for poor health outcomes, including problem gambling and gambling disorder.

Who gets stressed? Not Me! Recognizing How We Feed Our Everyday Stress and Anxiety, and How We Can Step Out Of The Cycle to Unwind These Habits
Judson Brewer, M.D, Ph.D., Director of Research at the Center for Mindfulness, University of Massachusetts Medical School

In this workshop, together we’re going to explore all the ways that you might have tried to deal with stress and anxiety in the past, and where they might have or continue to be helpful. We’re also going to dive deeply right into the heart of what anxiety feels like for you, what drives or feeds it, and explore ways that you can step out of the process. And with this, instead of feeding anxiety, we’re going to befriend it, which paradoxically stops feeding it while giving us more control in our lives.

LEAF Council on Alcoholism and Addictions

Each year LEAF provides the art work and organizes the art displayed at the NYCPG Annual Conference. Please be sure to visit the LEAF art exhibit at the 2017 NYCPG Annual Conference. It is with great appreciation that we recognize LEAF and their staff for their ongoing support and focus on recovery and problem gambling at our conference.
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Suggested Workshops

**Session 1**

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*Kayte Conroy, Ph.D., Clinical Assistant Professor, University at Buffalo*

**Family Dynamics: Its Relevancy to the Gambler's Treatment and Recovery**
*Linda Berman, CSW, Private Treatment Practitioner, former Director of the Compulsive Gambling Program and Addiction Center of the Westchester Jewish Community Center*

**Engaging Youth in Problem Gambling Prevention and Recovery Efforts**
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**Session 2**

**Who gets stressed? Not Me! Recognizing How We Feed Our Everyday Stress and Anxiety, and How We Can Step Out Of The Cycle to Unwind These Habits**
*Judson Brewer, M.D, Ph.D., Director of Research at the Center for Mindfulness, University of Massachusetts Medical School*

**Session 3**

**The Power of Positivity and Resiliency in Recovery from Problem Gambling**
*Stephen Birchak, Ed.D., Professor of Counseling, The College of Saint Rose*

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Trauma and Gambling Disorder: An Overview
Rachel Lauria, Project Coordinator, HFM Prevention Council

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Keynote Biographies

**Birchak, Steve, Ed.D.**
Author, professor, counseling psychologist, former college wrestling coach of the year, husband, father, and reformed class clown, Dr. Bird is a nationally recognized speaker for children and adults and has spoken to over 100,000 educators, parents, and students nationwide. He is the author of “The Jerk Whisperer” and the bestselling- “How To Build A Child’s Character- By Tapping Into Your Own.” Dr. Bird has a Bachelor’s degree in Health Education from the University of Northern Colorado, A Master’s Degree in Community Counseling from Adams State College, and a Doctorate in Counselor Education from the University of Northern Colorado. He is a Full Professor at The College of Saint Rose, in Albany, New York where he has taught courses in the Graduate Counseling program since 1992.

**Brewer, Judson, M.D., Ph.D.**
Psychiatrist Judson Brewer is a thought leader in the “science of self-mastery,” having combined nearly 20 years of experience with mindfulness with his scientific research therein. An internationally known expert in mindfulness training for addictions, Judson has developed novel treatments to help individuals with substance abuse and eating disorders. He has also studied the underlying neural mechanisms of mindfulness using standard and real-time fMRI, and is currently translating these findings into clinical use. In 2012, Judson founded Claritas MindSciences to combine mindfulness and neurofeedback techniques for a variety of conditions; the latest apps are Craving to Quit and Eat Right Now. Judson is currently an Associate Professor of Psychiatry and Medicine at University of Massachusetts School of Medicine, where he is Director of Research at the Center for Mindfulness.

**Fong, Timothy W., M.D.**
Dr. Fong is an Associate Clinical Professor of Psychiatry at the Semel Institute for Neuroscience and Human Behavior at UCLA. Dr. Fong completed his undergraduate and medical school at Northwestern University in Chicago. He then came to UCLA and finished his residency in adult general psychiatry in 2002 and was the first accredited addiction psychiatry fellow at the UCLA Neuropsychiatric Institute (2002-2004). Currently, he is the co-director of the UCLA Gambling Studies Program. The purpose of this program is to examine the underlying causes and course of problem and pathological gambling and to develop effective, evidence-based treatments. He is also the director of the UCLA Addiction Psychiatry Fellowship, a ACGME-accredited training program that focused on providing leading edge training in addiction psychiatry.

**Hynes, Julie, M.A., CPS**
Julie has specialized in addictions and problem gambling prevention for over 14 years. She is coordinator of the Problem Gambling Prevention Program with PreventionLane, faculty with the Department of Counseling Psychology and Human Services at the University of Oregon, and a member of the Board of Directors of the National Council on Problem Gambling. Julie has been involved in several statewide and nationwide leadership roles, advocacy efforts, trainings, and publications. A Certified Prevention Specialist, Jnulie is passionate about keeping pace with the latest in evidence-based prevention strategies as well as changing tides of gaming and gambling in the United States. In 2012, Julie was honored with the Wuelfing Prevention Award from the National Council on Problem Gambling for her work in helping advance the field of problem gambling prevention and awareness.
Workshop Speaker Biographies

**Berg, Jennifer, BS, CASAC**
Jennifer is an Addiction Program Specialist 2 at the New York State Office of Alcoholism and Substance Abuse services, where she has been for over 10 years. She acts as the Coordinator of Problem Gambling Services for New York State through the Office of Alcoholism and Substance Abuse Services. In this capacity she oversees problem gambling services for the state which includes treatment, prevention, and recovery. Additionally, through the Bureau of Prevention, she provides technical support for prevention providers in the northeastern region of the state and oversees various prevention related initiatives. She has a Bachelor of Science from SUNY Oneonta and has a wide range of clinical, case management and administrative experience working with substance abuse, developmental disabilities, problem gambling and healthcare.

**Berman, Linda, LCSW**
Linda is the former director of the compulsive gambling program and addiction center of Westchester Jewish Community Center, a large nonsectarian social service agency. She also coauthored Behind the 8-Ball: A Recovery Guide for Families Of Gamblers. Now in private practice in Westchester County and New York City, she specializes in impulse/compulsive disorders and is a consultant to family owned businesses.

**Bowles, Ruth, CPP, CARC**
Ruth is the Executive Director of the Rockland Council on Alcoholism and other Drug Dependence, Inc. Ruth has a Bachelor of Science Degree from State University of NY and is a NYS Credentialed Prevention Professional (CPP-G) with a specialty in problem gambling. Ruth is a NYS Certified Addiction Recovery Coach (CARC). She is certified as a Trainer for the NYS Recovery Coach Academy. Ruth received the NYS Problem Gambling Prevention Professional of the Year Award from the Commissioner of NYS Office of Alcoholism and Substance Abuse Services in 2013.

**Chapin, Deborah A., Ph.D.**
Dr. Chapin is employed at the New York State Office of Alcoholism and Substance Abuse Services (OASAS) Prevention Bureau as the State Partnership for Success project data coordinator. Deborah earned her doctorate from the University at Albany, State University of New York, in Educational Psychology and Methodology. She has over 15 years of experience in research and evaluation in educational and human services settings. Prior to graduate study, Deborah worked in addictions treatment as a counselor and case manager, with special populations such as people who are homeless, adolescents and young adults, and those with developmental disabilities and HIV and AIDS-related illnesses.

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**Wellness Center**

Make sure to visit our on-site conference wellness center to destress from the excitement, and perhaps overstimulation, of the daytime activities to stay mentally strong for the duration of the conference.
**Conroy, Kayte, Ph.D., LMHC, CRC**

Dr. Conroy is licensed as a Mental Health Counselor, credentialed as a Certified Rehabilitation Counselor, and is a disordered gambling specialist. While working in numerous community agency settings as a clinician and supervisor, she provided services to a variety of populations, including developmental disabilities, forensic, substance abuse, domestic violence, mood disorders, and general mental health issues. Disordered gambling, Internet abuse, and over-spending are specialized areas for Kayte. She is currently a faculty member at the State University of New York at Buffalo (UB).

Kayte provides training and clinical supervision for therapists and graduate students on an individual and group basis. She has been an invited guest speaker for a variety of audiences in local, regional, national, and international settings for conference presentations, lectures and workshops.

Kayte is also actively involved in several national, regional, and local community organizations. She has participated as a member of various Board of Directors for numerous non-profit organizations and has spearheaded local chapters and committees for professional organizations in the counseling field.

**Kelly, Bruce**

Bruce is the coalition coordinator for Putnam Communities That Care coalition. He was in law enforcement for 30 years in Westchester County both as a police officer and a prosecutor. He spent a number of those years working in community crime prevention, with a focus on young people and the issues of substance abuse and violence. Bruce sat on 17 coalitions and co-chaired the Westchester County umbrella coalition, was instrumental in the passage of the NYS beer keg registration law and helped set up youth courts in Yorktown and Ossining. After retiring from the DA's Office in 2009, Bruce became the coalition coordinator for New Rochelle FOCUS in that city as well as a national trainer for law enforcement and coalitions on issues dealing with underage drinking. He is also the president of Prevention Design, a multimedia graphic design company focused on assisting coalitions in getting their word out.

**Lauria, Rachel**

Rachel has her Bachelor degree in Social Work from the College of St. Rose. She has worked with at-risk youth and families for about six years and has worked in the substance abuse and problem gambling prevention field for four. Rachel also is a certified trainer for Trauma Informed Care.

**Okuda, Mayumi, M.D.**

Dr. Okuda has worked with a wide range of patient populations, focusing her clinical work on minorities. Her research career has focused on addictions and the association of violence and mental health. She has published several manuscripts examining the epidemiology of a wide range of addictions in the United States. She currently directs the Gambling Disorders Clinic at Columbia University/New York State Psychiatric Institute and has experience providing Cognitive Behavioral Therapy and Motivational Interviewing, evidence-based treatments for Gambling Disorder. Dr. Okuda has published several manuscripts and book chapters on gambling disorder and its treatment. At the gambling disorders clinic, Dr. Okuda works on developing practical and clinically relevant interventions to improve treatment availability for minorities and populations with complex addictions and comorbid psychiatric disorders.
Rhodes, DJ
DJ serves as the Family and Youth Specialist at the NYS Office of Alcoholism and Substance Abuse Services (OASAS) through a grant, New York, Focus on Youth and Families. DJ graduated with high honors from Hudson Valley Community College where he majored in Chemical Dependency Counseling and was as a member of the Phi Theta Kappa International Honor Society. DJ earned his CASAC-T certification and was presented with the award for Professional Services and Values. He completed the CCAR Recovery Coach Training in 2015. Since December of 2015, DJ has been the Chapter Lead of Young People in Recovery (YPR) of Fulton and Montgomery Counties, New York. Most importantly, DJ is a person in Long-Term Recovery, and is passionate about offering education and support to individuals, families, and professionals through Community Outreach.

Rugle, Loreen, Ph.D.
Dr. Rugle is Assistant Professor in the Department of Psychiatry, University of Maryland and is currently Program Director of the Maryland Center of Excellence in Problem Gambling. Her previous position was Director of Problem Gambling Services with the Department of Mental Health and Addiction Services for the State of Connecticut. Dr. Rugle brings 30 + years of experience in the treatment, prevention and research of problem gambling to her current position. She has managed problem gambling programs within the Veterans Administration, in the private sector and within state systems. She has participated in research on brief screening for gambling problems, as well as a broad range of other problem gambling related research projects. She has provided consultation and training on gambling disorder throughout the United States, for the military and internationally. She is former Board President for the Association of Problem Gambling Service Administrators and current president for the International Gambling Counselor Certification Board.

Toomey, Elizabeth, CPS
Elizabeth is the Prevention Education and Information Services Team Leader for Prevention Network. She has been an employee with Prevention Network for the past 18 years, and has worked in various programs in her time with the agency, including YOUth Decide, Reality Check, and Teen Institute. Elizabeth is trained in Botvin’s Life Skills, Project Adventure, Counselor Wellness, Motivation Enhancement Therapy, Designer Drugs, Gambling Prevention, and many more. Elizabeth takes pride in being well rounded, and aligning her professional development with the needs of her community. In addition Elizabeth is a Credentialed Prevention Specialist through the Office of Alcohol and Substance Abuse Services. Elizabeth has 25 years of combined experiencing serving youth and families, and the community at large.

Meet The Speakers

After each workshop session, you’ll have a 30 minute opportunity to meet with any of the speakers who have just presented. Don’t miss this opportunity to network and discuss detailed questions related to topic niches in the problem gambling field.
Truckenmiller, Rachel, Ed.S.
Rachel is currently the Associate Executive Director of the HFM Prevention Council. Previously, she worked as the New York State OASAS Partnership for Success (PFS) Project Coordinator helping PFS funded coalitions from across the state work through the strategic prevention framework process. In 2005, Rachel began as the coordinator of Fulton County’s drug free coalition, ASAPP’s Promise, first implementing a Drug Free Communities grant and then coordinating the Prevention First-NY! (SPF-SIG) agreement.

Wulfert, Edelgard, Ph.D.
Dr. Wulfert earned her Ph.D. in clinical psychology from the University of North Carolina, Greensboro. She completed a pre-doctoral residency at Brown University Medical School and was employed as a forensic psychologist at the University of New Mexico, Albuquerque. She later joined SUNY Albany as a professor of psychology, was director of clinical training, chair of the department of psychology and for the past ten years has served as dean of SUNY Albany’s College of Arts and Sciences. Dr. Wulfert is a productive scholar and educator. At SUNY Albany, she has chaired 17 master’s and 18 doctoral dissertation committees. In addition to her demanding administrative roles she has maintained an active, federally funded program of research as well as a clinical practice. She has published and lectured extensively in the field of clinical psychology and behavior analysis. Her research focuses on addictive behaviors and deficits in self-regulation, particularly by studying in the area of gambling disorder. Her interest in gambling disorder stems from the fact that its research leads to an understanding of addiction in its “purest” form, i.e., without the confounding effects of substances. Dr. Wulfert and her doctoral students have developed an innovative treatment for gamblers termed Cognitive-Motivational Behavior Therapy (CMBT). The efficacy of CMBT has been demonstrated in several clinical trials.

Open GA & GAMANON Meetings

During each day of the main conference, attendees will have the opportunity to witness and participate in an open GA & GAMANON meeting. These meetings will be held at separate times during the day to ensure everyone has an opportunity to experience each meeting.

Attending these open meetings offers those in recovery a sanctuary from the possible triggers of the conference experience, as well as an opportunity for clinicians to gain a first hand experience to describe, for any clients that may be interested, what they may experience in a 12-step fellowship as part of their treatment plan.
We look forward to seeing you at our 2017 NYCPG Annual Conference On Problem Gambling.

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