



New York Council on Problem Gambling

#NYCPG2017 Keynote Speakers



Julie Hynes, M.A., CPS

Julie has specialized in addictions and problem gambling prevention for over 14 years. She is coordinator of the Problem Gambling Prevention Program with PreventionLane, faculty with the Department of Counseling Psychology and Human Services at the University of Oregon, and a member of the Board of Directors of the National Council on Problem Gambling. Julie has been involved in several statewide and nationwide leadership roles, advocacy efforts, trainings, and publications. A Certified Prevention Specialist, Julie is passionate about keeping pace with the latest in evidence-based prevention strategies as well as changing tides of gaming and gambling in the United States. In 2012, Julie was honored with the Wuelfing Prevention Award from the National Council on Problem Gambling for her work in helping advance the field of problem gambling prevention and awareness.



Tim Fong, M.D.

Timothy W. Fong MD Dr. Fong is an Associate Clinical Professor of Psychiatry at the Semel Institute for Neuroscience and Human Behavior at UCLA. Dr. Fong completed his undergraduate and medical school at Northwestern University in Chicago. He then came to UCLA and finished his residency in adult general psychiatry in 2002 and was the first accredited addiction psychiatry fellow at the UCLA Neuropsychiatric Institute (2002-2004). Currently, he is the co-director of the UCLA Gambling Studies Program. The purpose of this program is to examine the underlying causes and course of problem and pathological gambling and to develop effective, evidence-based treatments. He is also the director of the UCLA Addiction Psychiatry Fellowship, a ACGME-accredited training program that focused on providing leading edge training in addiction psychiatry.



Steve Birchak, Ed.D.

Author, professor, counseling psychologist, former college wrestling coach of the year, husband, father, and reformed class clown, Dr. Bird is a nationally recognized speaker for children and adults and has spoken to over 100,000 educators, parents, and students nationwide. He is the author of "The Jerk Whisperer" and the bestselling- "How To Build A Child's Character- By Tapping Into Your Own." Dr. Bird has a Bachelor's degree in Health Education from the University of Northern Colorado, A Master's Degree in Community Counseling from Adams State College, and a Doctorate in Counselor Education from the University of Northern Colorado. He is a Full Professor at The College of Saint Rose, in Albany, New York where he has taught courses in the Graduate Counseling program since 1992.



Judson Brewer, M.D., Ph.D.

Psychiatrist Judson Brewer is a thought leader in the "science of self-mastery," having combined nearly 20 years of experience with mindfulness with his scientific research therein. An internationally known expert in mindfulness training for addictions, Judson has developed novel treatments to help individuals with substance abuse and eating disorders. He has also studied the underlying neural mechanisms of mindfulness using standard and real-time fMRI, and is currently translating these findings into clinical use. In 2012, Judson founded Claritas MindSciences to combine mindfulness and neurofeedback techniques for a variety of conditions; the latest apps are Craving to Quit and Eat Right Now. Judson is currently an Associate Professor of Psychiatry and Medicine at University of Massachusetts School of Medicine, where he is Director of Research at the Center for Mindfulness.